



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium Citrate & Vitamin D

Dietary Supplement



250 tablets

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two tablets
two times per day with water.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 125

	Amount Per Serving	% Daily Value
Vitamin D USP (as cholecalciferol)	400 IU	100%
Calcium (from calcium citrate)	630 mg	63%

Other ingredients: Microcrystalline cellulose (plant fiber), calcium carbonate, stearic acid, magnesium stearate, food glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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