



bringing wellness to the world since 1969

Triple Magnesium Complex

Mineral Supplement



100 capsules • 400 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule per day with water.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Magnesium	400 mg	100%
(350 mg from magnesium oxide; 40 mg from magnesium citrate; 10 mg from magnesium aspartate)		

Other ingredients: Gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
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