



Super Nutri Packs™

Mega Potency Packs
30 Packets

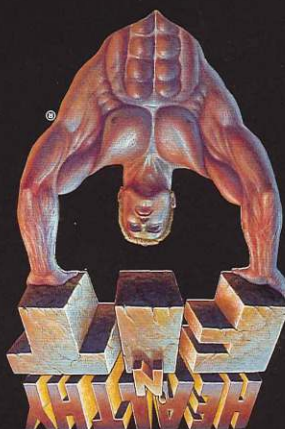
This Product is specially formulated to meet the nutritional needs of Athletes and Bodybuilders. In order to perform and look your very best you need to be at optimal health. Healthy 'N Fit's® Super Nutri Packs™ contain high potency vitamins, minerals and other nutrients to nutritionally support optimal health.

Important Note:
Even with a very well balanced and healthy diet, athletes and bodybuilders who desire higher potencies of vitamins and minerals may not be able to attain these potencies from food alone. For over 30 years, Healthy 'N Fit's Super Nutri Packs have provided Athletes and Bodybuilders the high potencies they desire to replenish their bodies with these nutrients and help them maintain optimal health.

W1 SUPER NUTRI

Mega Potency Packs

30 Packets



Supplement Facts

Serving Size: 1 Pack
Servings Per Box: 30

Amount per serving:	% Daily Value
Calories	10
Protein	3g 6%

VITAMINS A&D

One Capsule (Small Softgel)
Vitamin A (From Fish Liver Oil) 10,000 I.U. 200%
Vitamin D (From Fish Liver Oil) 400 I.U. 100%

VITAMIN C

Two Timed-Release Vitamin C (Beige Oblong Tablets) with selected Rose Hips
Vitamin C (Ascorbic Acid) 3,000mg 5,000%

100% NATURAL VITAMIN E

Two 100% natural Vitamin E Capsules (Large Size Softgel) with mixed tocopherols
Vitamin E (as d-Alpha Tocopherol plus d-Beta, d-Gamma and d-Delta Tocopherols) 800 I.U. 2,667%

B COMPLEX VITAMINS

Two Timed-Release Vitamin B-Complex (Yellow Tablets) contain:
Thiamin (as hydrochloride) [Vitamin B-1] 200mg 13,332%
Riboflavin [Vitamin B-2] 200mg 11,765%
Niacin (as Nicotinamide) [Vitamin B-3] 200mg 1000%
Vitamin B-6 (as Pyridoxine Hydrochloride) 200mg 10,000%
Folic Acid 400mcg 100%
Vitamin B-12 (as Cyanocobalamin) 200mcg 3333%
Biotin 200mcg 67%
Pantothenic Acid 200mg 2000%
Para Amino Benzoic Acid (PABA) 200mg **

AMINO ACID CHELATED MINERALS

Three Amino Acid Chelated Mineral Tablets. All minerals are in the form of Amino Acid Chelate (Speckled Off-White Oblong Tablets)
Calcium (as Carbonate and A.A. Chelate) 1,000mg 100%
Magnesium (as Oxide and A.A. Chelate) 500mg 125%
Phosphorus 100mg 10%
Potassium 99mg 3%
Manganese 40mg 2000%
Iron 30mg 167%
Zinc 30mg 200%
Copper 1mg 50%
Iodine 225mcg 150%
Chromium 200mcg 167%
Selenium 25mcg 36%
Betaine Hydrochloride 25mg **

FAT METABOLIZING NUTRIENTS

SYNERGISTICALLY COMBINED WITH B COMPLEX TABS
Choline (as Bitartrate) 200mg **
Inositol 200mg **

SPANISH BEE POLLEN

(Two Round Yellowish Tablets) Contains:
100% Pure Bee Pollen 1,000mg **

AMINO ACIDS

(Two Off-White Tablets) Contain:
PEPTIDE BOND AMINO ACIDS
L-Configuration in correct proportion to promote anabolic activity. These Amino Acids are an enzymatic digest of Whey and Egg Albumen - two of the highest quality and most effective Amino Acid sources known.
L-Alanine 198.6mg **
L-Arginine 144.6mg **
L-Aspartic Acid 328.2mg **
L-Cystine 49.4mg **
L-Glutamic Acid 523.9mg **
L-Glycine 315.3mg **
L-Histidine 48.2mg **
L-Isoleucine 163.4mg **
L-Leucine 332.5mg **
L-Lysine 246.0mg **
L-Methionine 55.8mg **
L-Phenylalanine 106.4mg **
L-Proline 268.2mg **
L-Serine 179.8mg **
L-Threonine 183.3mg **
L-Tryptophan-natural 34.3mg **
L-Tyrosine 79.6mg **
L-Valine 161.4mg **

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
** No % Daily Value has been established
* Essential Amino Acids
+ Branched Chain Amino Acids
Other Ingredients (may contain any of the following): Microcrystalline Cellulose, Dicalcium Phosphate, Gelatin, Soybean oil, Silica, Rose Hips, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Calcium Sulfate, Glycerine, Water, Pharmaceutical Glaze, Carnauba Wax, Hydroxypropyl Methylcellulose.
CONTAINS: MILK (Whey Peptides and Amino Acids), EGG (Egg Peptides and Amino Acids), FISH (Fish Liver Oil) and SOY.

Suggested Use: As a dietary supplement, take 1 packet daily with a liquid, preferably with meals. If you desire, you may separate all the items of which there are more than one into 2 servings, one serving in the morning and one serving later in the day. It is always recommended to discuss any dietary supplements you take with your doctor or health care provider, especially if you are pregnant, nursing, taking any medications or have any health conditions. It is not recommended to take more than one pack per day. Store in a cool dry place at room temperature, away from excessive heat or direct sunlight. Do not refrigerate.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately. This product is intended for adults over the age of 18.

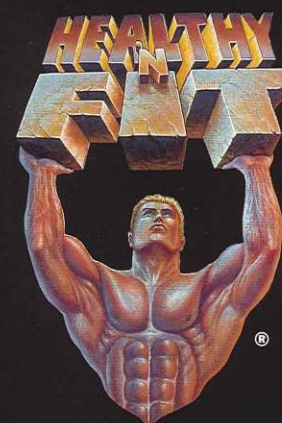
Free from added sugar, starch, salt, artificial colors, flavors, or preservatives.

This is a natural product and the appearances may vary. Spots or discoloration may develop on the tablets because they are in close proximity. This is normal and does not necessarily reflect on the quality, age, or potency of the tablets. The quality of this product has been tested and assayed.

IMPORTANT: Some other "high-potency" packs on the market are only 1/2 of the potency listed. They state in small print that each 2 packs supply the potency listed. Healthy 'N Fit® Super Nutri Pack lists the potency for each one packet and only one packet is required per day.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MADE EXCLUSIVELY IN THE U.S.A.
HEALTHY 'N FIT® INTERNATIONAL, INC.
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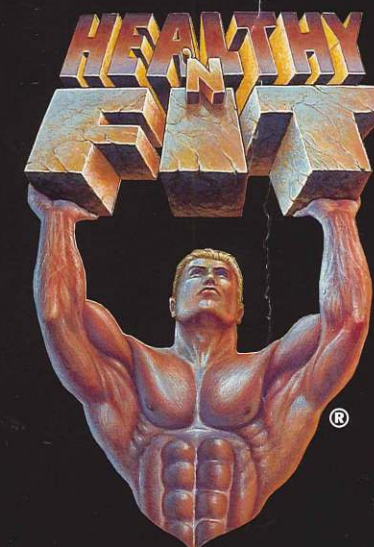
Super Nutri Packs™

Mega Potency Packs
30 Packets

Each packet contains a total of 14 tablets and softgels:

- 1 x Vitamins A & D (From natural fish liver oil)
- 2 x Vitamin E (Natural E complex)
- 2 x Vitamin C
- 2 x Vitamin B-Complex
- 2 x Amino Acids
- 2 x Spanish Bee Pollen
- 3 x Chelated Minerals

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SUPER NUTRI™

MEGA POTENCY MULTI-VITAMIN AND MINERAL PACKS

*26 VITAMINS & MINERALS *AMINO ACIDS
*FAT METABOLIZING NUTRIENTS
*ELECTROLYTES *ANTIOXIDANTS * MORE

This product is formulated for athletes and bodybuilders to provide a nutritional foundation for optimal health

Advanced Dietary Supplement

30 PACKETS (420 TABLETS AND SOFTGELS)

The quality and potency of this product has been tested and assayed