

fish oil double strength 1,200 mg

helps support heart, skin and joint health*
provides 600 mg of omega-3 per softgel
no fishy aftertaste
purified to eliminate mercury



90 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

Amount Per Serving		%Daily Value
Calories	25	
Calories from Fat	20	4%**
Total Fat	2.5 g	...
Polyunsaturated Fat	2 g	8%
Cholesterol	25 mg	1%**
Protein	<1 g	...
Fish Oil	2,400 mg (2.4 g)	...
provides 1,200 mg (1.2 g) of Total Omega-3 Fatty Acids†		...
comprising of:		...
EPA (Eicosapentaenoic Acid) (26.5-30%) (636-720 mg)		...
DHA (Docosahexaenoic Acid) (17-20%) (408-480 mg)		...
Other Fatty Acids		...

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Food Glaze, Contains <2% of Enteric Coating (Sodium Alginate and Stearic Acid), Ethylcellulose, Mixed Natural Tocopherols, Polysorbate 80.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Ethyl Esters

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, artificial color, artificial flavor.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Facts

%Daily Value

4%**

8%

1%**

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HEART HEALTH*

Omega-3 and Omega-6 fatty acids from Fish Oil are considered the "good" fats important for cellular, heart and metabolic health.† But getting an adequate amount of fatty acids to promote heart health is not easy - especially in today's fast food world.† Fish Oil contains eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which help maintain triglyceride levels already within a normal range.†

Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat and cholesterol content.

Directions: For adults, take two (2) softgels once or twice daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

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KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Made from the oils of cold water, deep sea fish

Questions? Call 1-800-910-8874

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