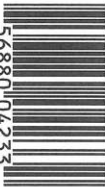


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calcium + vitamin D

600 mg/125 iu

helps support bone, colon and
immune system health*



ACTUAL SIZE



250 TABLETS

DIETARY SUPPLEMENT



BONE
HEALTH*

250

TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

Amount Per Serving	%Daily Value	
Vitamin D (as D3 Cholecalciferol)	250 IU	63%
Calcium (as Calcium Carbonate)	1,200 mg (1.2 g)	120%
Sodium	10 mg	<1%

Other Ingredients: Cellulose (Plant Origin), Croscarmellose. **Contains <2% of:** Cellulose Coating, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Coated for ease of swallowing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BONE HEALTH*

Calcium and Vitamin D are two essential nutrients that work together to support bone health.* Calcium is the primary mineral responsible for strong bones and Vitamin D helps increase calcium absorption.* Calcium is also involved in muscle and nerve impulses, and supports colon health, while Vitamin D possesses immune support capabilities.*

Directions: For adults take one (1) or two (2) tablets daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

**KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER RE-
SISTANT: DO NOT USE IF SEAL UNDER
CAP IS BROKEN OR MISSING.**

Questions? Call 1-800-910-6874

094 02 1239 ID201431

Distributed by Target Corporation

Minneapolis, MN 55403

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Manufactured by: US Nutrition, Inc.
Bohemia, NY 11716-2510, USA

**PROD. NO.4233
B4230 07C**