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**BERKLEY  
& JENSEN®**

# Flaxseed Oil

Made with  
Organic Flaxseed Oil

1000 MG



**GLUTEN  
FREE**

300  
SOFTGELS

MAY HELP SUPPORT  
HEART HEALTH†

DIETARY SUPPLEMENT

HEART HEALTH



## Flaxseed Oil

- NO ARTIFICIAL COLORS • NO ARTIFICIAL FLAVORS • NO YEAST
- NO STARCH • NO GLUTEN

### Supplement Facts

Serving Size 1 softgel

| Amount Per Softgel                    | % Daily Value |
|---------------------------------------|---------------|
| Calories 10                           |               |
| Calories from Fat 10                  |               |
| Total Fat 1 g                         | 2%**          |
| Polyunsaturated Fat 0.5 g             |               |
| Organic Flaxseed Oil 1,000 mg         |               |
| Alpha Linolenic Acid (Omega-3) 500 mg | ↓             |
| Linoleic Acid (Omega-6) 110 mg        | ↓             |
| Oleic Acid (Omega-9) 120 mg           | ↓             |

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**SUGGESTED USE:** Take one softgel two to three times daily, with a full glass of water, preferably after a meal.

**For your protection, do not use if imprinted seal under cap is broken or missing.**

Keep out of the reach of children. Keep in a cool, dry place, tightly closed.

**CAUTION:** If you are pregnant or nursing, or taking medication, facing surgery, have bleeding problems; undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

**INGREDIENTS:** Organic Flaxseed Oil, Gelatin, Glycerin, Water, d-Alpha Tocopherol (as preservative).  
Certified Organic by Organic Certifiers.

Distributed by BJWC  
25 Research Drive  
Westborough, MA 01581

#### Our Guarantee:

We are committed to the quality of our products. If for any reason you are not satisfied with your purchase, please return it to the place of purchase. If you have any questions or comments, contact us weekdays 9am-5pm EST at: 1-800-934-1204

†This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

FRESHNESS & POTENCY  
GUARANTEED THROUGH