Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-theart laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. Your health & safety are our first priority!

No Artificial Color or Flavor, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish.



*This statement has not been evaluated by the Food and Drug Administration.

This product is not intended to dispnose, treat, cure or prevent any disease.

TO REORDER PROD. # 2862 www.vitaminworld.com 1-800-228-4533

Carefully Manufactured by Vitamin World, Inc.

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B2863 09D

SEMIOR with Lutigold

Synergistic Vision Support Formula for Seniors*

RAPID RELEASE CAPSULES

DIETARY SUPPLEMENT

VITAMIN WORLD

Directions: For adults, take four (4) capsules one or two times daily, preferably with meals.

Supplement Facts

Serving Size 4 Capsules Servings Per Container 50		
Amount Per Serving		%Daily Value
Calories	10	
Total Carbohydrate	1 g	<1%**
Vitamin A (75% Beta-Carotene and Retinyl Palmitate)	16,250 IU	325%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	200 IU	667%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	10 mg	667%
Riboflavin (Vitamin B-2)	12.5 mg	735%
Niacin (as Niacinamide and Nicotinic Acid)	30 mg	150%
Vitamin B-6 (as Pyridoxine Hydrochloride)	15 mg	750%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	24 mcg	400%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Citrate)	50 mg	5%
Magnesium (as Magnesium Citrate)	125 mg	31%
Zinc (as Zinc Picolinate)	15 mg	100%
Selenium (as Sodium Selenate and Selenomethionine)	100 mcg	143%
Copper (as Copper Gluconate)	1.5 mg	75%
Lutigold™ Lutein	5 mg	
N-Acetyl Cysteine	125 mg	***
Bilberry (Vaccinium myrtiflus) (leaf)	20 mg	
Ginkgo Biloba Extract (Ginkgo biloba) (leaf)	30 mg	
Quercetin	150 mg	***
L-Taurine	250 mg	
L-Methionine	100 mg	
L-Glutamic Acid	25 ma	***

**Percent Daily Values are based on a 2 000 calorie diet

Other Ingredients: Gelatin, Contains <2% of: Silica, Vegetable Cellulose, Vegetable

Contains fish (cort pollock harblock hake cust radiish sole flounder) ingradients

25 mg