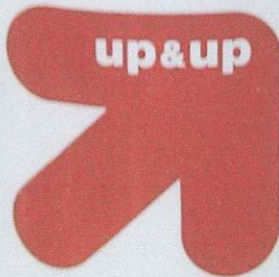


fish oil 1,200 mg

helps support heart, skin and joint health*
provides 360 mg of omega-3 per softgel
purified to eliminate mercury



220 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 110

Amount Per Serving	%Daily Value
Calories	25
Calories from Fat	20
Total Fat	2.5 g 4%***
Saturated Fat	0.5 g 4%***
Polyunsaturated Fat	1 g ****
Monounsaturated Fat	0.5 g 6%***
Cholesterol	15 mg 1%***
Protein	<1 g ****

Fish Oil provides 720 mg of Total Omega-3 Fatty Acids† comprising of:
EPA (Eicosapentaenoic Acid) ****
DHA (Docosahexaenoic Acid) ****
Other Fatty Acids ****

†Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

100% Natural Triglycerides

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, Preservatives, artificial color, artificial flavor, sodium.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

HEART HEALTH:
Omega-3 fatty acids are important for heart health. Fish oil is a natural source of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), essential fatty acids which help maintain triglyceride levels already within a normal range. Omega-3 fatty acids are necessary for many vital functions in the body and support heart health and healthy skin and joint function.
Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat, saturated fat and cholesterol content.
Directions: For adults, take two (2) softgels two times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.
WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur for potency, purity and disintegration.
KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call 1-800-910-6874
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HEART HEALTH*

Omega-3 fatty acids from Fish Oil are considered the "good" fats important for cellular, heart and metabolic health.* Fish Oil is a natural source of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), essential fatty acids which help maintain triglyceride levels already within a normal range.* Omega-3 fatty acids are necessary for many vital functions in the body and support heart health and healthy skin and joint function.*

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