

WOMEN'S ULTRA MEGA® 50 PLUS

Women's Ultra Mega® 50 Plus Vitapak® Program is a scientifically designed, healthy aging program that conveniently combines specialty formulas to support a woman's overall nutritional needs.

• **Women's Ultra Mega® 50 Plus** – Our premium, clinically studied[^] multivitamin scientifically designed to include nutrients that support overall healthy aging.* It contains 1,600 IU of vitamin D-3 for breast and bone health, as well as, a memory health blend to promote a healthy nervous system and support memory function.* This timed-release formula combines B-vitamins that are essential for energy production and antioxidants to protect from free radicals that can destroy healthy cells with lutein and zeaxanthin for eye health.*

• **Calcium & Vitamin D with MBP®** – Features 600 mg of calcium, 400 IU of vitamin D-3, and 40mg of clinically studied MBP® to support natural bone building.* These bone-strengthening nutrients are essential in the development of healthy bones and teeth. Adequate calcium and vitamin D in a healthy diet throughout life may reduce the risk of osteoporosis. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting breast and bone health. Emerging research indicates that MBP® supports the body's natural ability to build and maintain bone mass by supporting the body's bone building cells.*

• **Fish Oil with CoQ-10**– Packed with 100 mg of CoQ-10 to produce cellular energy, healthy heart and blood vessel function, and 600 mg of total omega-3 fatty acids to help support heart health.* Fish oil helps maintain healthy cholesterol and blood pressure levels, and supports joint, brain and skin health.*

• **CardioAid™ Phytosterols** - Natural compounds found in fruits, vegetables and whole grains that help block cholesterol absorption. Phytosterols are clinically shown to reduce cholesterol levels and may reduce the risk of heart disease.* Each daily serving provides the clinically studied dose of 800 mg of CardioAid™ Phytosterols.

• **Memorall®**- Combines special ingredients that may support healthy brain function and memory retention.* Features ginkgo biloba that helps support increased blood flow to the brain, huperzine A that helps prevent the breakdown of key neurotransmitters in the brain, and DHA, an important omega-3 fatty acid which is a key structural fatty acid in the brain.*

*Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total of at least 800 mg, as part of a healthy diet low in saturated fat and cholesterol may reduce the risk of heart disease. Each daily serving supplies 800 mg of CardioAid™ phytosterols.

[^]In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 329411

Directions: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Women's Ultra Mega® 50 Plus

Supplement Facts

Serving Size Two Green Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	500 mg 50%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Healthy Aging Free Radical Protection Blend alpha-Lipoic Acid, Green Tea Leaves Extract, Bilberry Fruit Powder, Elderberry Fruit Powder, Black Currant Fruit Powder, Blueberry Fruit Powder, Resveratrol	70 mg *
Skin Health Blend Collagen, Hyaluronic Acid (HA)	50 mg *
Memory Health Blend Phosphatidylserine, Choline (as Choline Bitartrate)	20 mg *
Cranberry Concentrate (Vaccinium macrocarpon)	20 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *

GLG

Amount Per Serving	% Daily Value
Lutemax 2020™ Lutein	950 mcg *
Lycopene	950 mcg *
Zeaxanthin	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Vegetable Acetoglycerides, Chlorophyll, Sucralose.

CONTAINS: Fish and Soybeans.

ACTUAL SIZE

Memorall®

Supplement Facts

Serving Size One Dark Brown Softgel Capsule

Amount Per Serving	% Daily Value
Calories	5
Calories from Fat	5
Total Fat	0.5 g 1% †
Vitamin A (as beta-Carotene)	1166 IU 23%
Vitamin E (as d-alpha Tocopheryl Acetate)	15 IU 50%
Folic Acid	200 mcg 50%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
EPA (Eicosapentaenoic Acid)(Omega 3)(as Fish Body Oil)	100 mg *
DHA (Docosahexaenoic Acid)(Omega 3)(as Fish Body Oil)	75 mg *
Ginkgo biloba Leaves Extract	60 mg *
Phosphatidylserine (as Soy Lecithin)	15 mg *
Coenzyme Q-10	5 mg *
Citrus Bioflavonoids	5 mg *
Huperzine A	50 mcg *

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

CONTAINS: Soybeans.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Calcium & Vitamin D with MBP®

Supplement Facts

Serving Size One Beige Caplet

Amount Per Serving	% Daily Value
Calcium (as Calcium Carbonate)	600 mg 60%
Vitamin D (Cholecalciferol D-3)	400 IU 100%
MBP®	40 mg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

CONTAINS: Milk.
Suitable for individuals following a low lactose diet.

ACTUAL SIZE

CardioAid™ Phytosterols

Supplement Facts

Serving Size One White Caplet

Amount Per Serving	% Daily Value
CardioAid™ Phytosterols	800 mg *

* Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose, Corn Starch, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For more information: 1-888-462-2548

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GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

Fish Oil with CoQ-10

Supplement Facts

Serving Size One Green Softgel Capsule

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2% †
Vitamin E (as Natural d-alpha Tocopherol)	50 IU 167%
EPA (Eicosapentaenoic Acid)(Omega-3)	360 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	240 mg *
Coenzyme Q-10 (Natural)	100 mg *

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Soybean Oil, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener), Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

Conforms to USP <2091> for weight.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

† Compared to leading brands.

No Artificial Colors, No Wheat, No Gluten, Yeast Free.

Lutemax
2020

Lutemax 2020™ is a trademark of
OmniActive Health Technologies.

MBP®

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U.S. Patent No. 5,932,259.

CardioAid™

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trademarks of Archer Daniels Midland Company.

2X MORE D-3†

NEW &
IMPROVED



WOMEN'S ULTRA MEGA® 50 Plus

Dietary Supplement

VITAPAK® PROGRAM
FOR WOMEN OVER 50

Clinically studied multivitamin[^] with 2,000 IU of vitamin D-3
Supports memory retention and brain health*
Lowers LDL (bad) cholesterol with phytosterols*
Strengthens bones with 1,100 mg of calcium*



30 PACKS

CLINICALLY
STUDIED[^]