

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. *We guarantee it!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **18520**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
 Vitamin World, Inc.
 Ronkonkoma, NY 11779 U.S.A.
 ©2012 Vitamin World, Inc.

B50864 03D



TRIPLE Omega 3-6-9



**ACTIVE EPA/DHA
COMPLEX**

Fish, Flax & Borage Oils

SUPPORTS HEART, JOINT & SKIN HEALTH*

**120 RAPID RELEASE
SOFTGELS**

Dietary Supplement

DIRECTIONS: For adults, take three (3) softgels daily, preferably with meals.

Supplement Facts

Serving Size 3 Softgels
 Servings Per Container 40

Amount Per Serving		%Daily Value
Calories	30	
Calories from Fat	25	
Total Fat	3 g	5%**
Polyunsaturated Fat	1.5 g	
Cholesterol	10 mg	3%
Protein	<1 g	2%**
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Essential Oils Proprietary Blend	3 g (3,000 mg)	***
(Organic Flaxseed Oil, Ester-Omega® Fish Oil, Evening Primrose Oil, Borage Seed Oil)		
Typical Fatty Acid Profile:		
Omega-3		***
Eicosapentaenoic Acid† (EPA) (7.95-9%)	(238.5 - 270 mg)	***
Docosahexaenoic Acid† (DHA) (5.1-6%)	(153 - 180 mg)	***
Alpha Linolenic Acid (ALA) (22.5-29%)	(675 - 870 mg)	***
Omega-6		***
Linoleic Acid (18.2-21.8%)	(546 - 669 mg)	***
Gamma Linolenic Acid (GLA) (2.45%)	(73.5 mg)	***
Omega-9		***
Oleic Acid (5.5-9.5%)	(165 - 285 mg)	***

**Percent Daily Values are based on a 2,000 calorie diet.
 ***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.
 Contains fish (anchovy, mackerel, sardine) ingredients.
 †As Ethyl Esters

Ester-Omega® is a highly concentrated and purified Omega-3 Fish Oil selected from the finest deep sea, cold water fish. Formulated in an antioxidant matrix to enhance potency, **Ester-Omega®** provides superior absorption of Omega-3 EPA and DHA fatty acids by the body. Omega-3 fatty acids support heart and cardiovascular health.* **Ester-Omega®** is molecularly distilled to remove Mercury, PCBs and other heavy metal contaminants.

**When choosing Fish Oil...
 make sure it's Ester-Omega®!**