

Do not use if
printed seal
under cap is
broken or
missing

Questions? Call
1-800-910-8874
094 02 1016
ID201455
Dist. by Target Corp.
Mpls., MN 55403
© 2011
Target Brands, Inc.
All Rights Reserved
Shop Target.com

*This product is
not manufactured
or distributed by
Wyeth Consumer
Healthcare,
marketer of
Centrum®.

GLUTEN FREE



multivitamin/ multimineral dietary supplement

Compare to ingredients in Centrum®**

smaller tablet
31 nutrients
400 IU Vitamin D3



200

TABLETS

200 TABLETS SHOWN ACTUAL SIZE ABOVE

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3500 IU (29% as beta-carotene)	70%	Vitamin B12 6 mcg	100%
Vitamin C 60 mg	100%	Biotin 30 mcg	10%
Vitamin D 400 IU	100%	Pantothenic Acid 10 mg	100%
Vitamin E 30 IU	100%	Calcium 200 mg	20%
Vitamin K 25 mcg	100%	Iron 18 mg	100%
Thiamin 1.5 mg	31%	Phosphorus 20 mg	2%
Riboflavin 1.7 mg	100%	Iodine 150 mcg	100%
Niacin 20 mg	100%	Magnesium 50 mg	13%
Vitamin B6 2 mg	100%	Zinc 11 mg	73%
Folic Acid 400 mcg	100%	Selenium 55 mcg	79%
		Copper 0.5 mg	25%
		Manganese 2.3 mg	115%

Ingredients: Calcium Carbonate, Potassium Chloride, Microcrystalline Cellulose, Ferrous Fumarate, d-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Niacinamide, Calcium Pantothenate, Polyethylene Glycol, Silicon Dioxide, Talc, Pyridoxine Hydrochloride (Vit. B6), Thiamin Mononitrate (Vit. B1), Ascorbic Acid (Vit. C), FD&C Yellow #6 Lake, Sodium Borate, Sodium Metasilicate, Biotin, Phytonadione (Vit. K), Cyanocobalamin (Vit. B12).

Suggested Use: Adults – Take one tablet daily with suggested use. As with any supplement, if you are taking medication or have a medical condition, consult your doctor before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. If you suspect a child has swallowed this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Store at room temperature. Keep bottle tightly closed.

Supplement Facts

% DV	Each Tablet Contains	% DV	Each Tablet Contains
70%	Vitamin B12 6 mcg	100%	Chromium 35 mcg
	Biotin 30 mcg	10%	Molybdenum 45 mcg
100%	Pantothenic Acid 10 mg	100%	Chloride 72 mg
100%	Calcium 200 mg	20%	Potassium 80 mg
100%	Iron 18 mg	100%	Boron 75 mcg
31%	Phosphorus 20 mg	2%	Nickel 5 mcg
100%	Iodine 150 mcg	100%	Silicon 2 mg
100%	Magnesium 50 mg	13%	Tin 10 mcg
100%	Zinc 11 mg	73%	Vanadium 10 mcg
100%	Selenium 55 mcg	79%	
100%	Copper 0.5 mg	25%	
115%	Manganese 2.3 mg	115%	

...ssium Chloride, Dicalcium Phosphate, Magnesium Oxide, d-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Niacinamide, Calcium Pantothenate, Polyethylene Glycol, Silicon Dioxide, Talc, Pyridoxine Hydrochloride (Vit. B6), Thiamin Mononitrate (Vit. B1), Ascorbic Acid (Vit. C), FD&C Yellow #6 Lake, Sodium Borate, Sodium Metasilicate, Biotin, Phytonadione (Vit. K), Cyanocobalamin (Vit. B12).

...daily with food. Not formulated for use in children. If you are pregnant or nursing a baby, or are taking medication or have a medical condition, consult your doctor before use.

...aining products is a leading cause of fatal poisoning in children under 6. If you suspect a child has swallowed this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

...e of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Store at room temperature. Keep bottle tightly closed.

% DV	Each Tablet Contains	% DV	Each Tablet Contains
100%	Chromium 35 mcg	29%	
10%	Molybdenum 45 mcg	60%	
100%	Chloride 72 mg	2%	
20%	Potassium 80 mg	2%	
100%	Boron 75 mcg	*	
2%	Nickel 5 mcg	*	
100%	Silicon 2 mg	*	
13%	Tin 10 mcg	*	
73%	Vanadium 10 mcg	*	

...magnesium Oxide, Ascorbic Acid (Vit. C), d-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Niacinamide, Calcium Pantothenate, Polyethylene Glycol, Silicon Dioxide, Talc, Pyridoxine Hydrochloride (Vit. B6), Thiamin Mononitrate (Vit. B1), Ascorbic Acid (Vit. C), FD&C Yellow #6 Lake, Sodium Borate, Sodium Metasilicate, Biotin, Phytonadione (Vit. K), Cyanocobalamin (Vit. B12).

...n children. Do not exceed suggested use. If you are pregnant or nursing a baby, or are taking medication or have a medical condition, consult your doctor before use.

...isoning in children under 6. Keep out of reach of children. If you suspect a child has swallowed this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

...sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Store at room temperature. Keep bottle tightly closed.

EXP02/14
2DN1552

: 6C282 UW F2