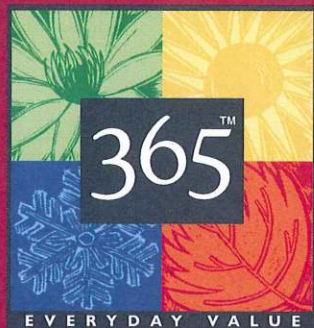


Tamper Evident.
Use only if seal is intact.
Please recycle bottle.
41851 40141851-A



**KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE**

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Adult Multi for Men

1
DAILY

Enhanced Nutrition for Men to Support
Healthy Heart and Prostate[†]

With Saw Palmetto, Zinc & Lycopene

DIETARY
SUPPLEMENT

180 IRON-FREE
TABLETS

DIRECTIONS: TAKE ONE TABLET DAILY WITH FOOD.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as 50% beta carotene, 50% palmitate)	5000 IU 100%	Selenium (as selenium amino acid chelate, selenomethionine)	200mcg 286%
Vitamin C (as ascorbic acid)	120mg 200%	Copper (as copper amino acid chelate)	2mg 100%
Vitamin D (as cholecalciferol)	400 IU 100%	Manganese (as manganese citrate)	2mg 100%
Vitamin E (as d-alpha tocopheryl)	100 IU 333%	Chromium (as chromium polynicotinate)	200mcg 167%
Vitamin K (as phytonadione)	100mcg 125%	Molybdenum (as molybdenum amino acid chelate)	75mcg 100%
Thiamin (as thiamin mononitrate)	25mg 1667%	Saw Palmetto (berry)	50mg *
Riboflavin	25mg 1471%	Spirulina	50mg *
Niacin (as niacinamide)	25mg 125%	Tomato Powder	50mg *
Vitamin B6 (as pyridoxine HCL)	25mg 1250%	Bioflavonoids (as citrus bioflavonoids)	25mg *
Folic Acid (folate)	400mcg 100%	Choline (as choline bitartrate)	20mg *
Vitamin B12 (as cyanocobalamin)	25mcg 417%	Inositol	20mg *
Biotin (as d-biotin)	150mcg 50%	Betaine (as Betaine HCL)	10mg *
Pantothenic Acid (as d-calcium pantothenate)	25mg 250%	Kale Powder	2.5mg *
Calcium (as calcium carbonate)	50mg 5%	Spinach Powder	2.5mg *
Magnesium (as magnesium oxide)	25mg 6%	Dandelion (root)	2.5mg *
Zinc (as zinc citrate)	20mg 133%	Beet Powder	2.5mg *
		Lycopene	1mg *
		Digestive Enzyme Support (Protease [664HUT], Amylase [226DU], Lipase [2LU], Cellulase [3CU])	12mg *

* Daily Value (DV) not established

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, STEARIC ACID, HYDROXYPROPYLCELLULOSE, CROSCARMELLOSE SODIUM, SILICON DIOXIDE, MAGNESIUM STEARATE.

ALLERGEN INFORMATION: CONTAINS SOY INGREDIENTS. GOOD MANUFACTURING PRACTICES USED TO SEGREGATE INGREDIENTS IN A FACILITY THAT ALSO PROCESSES MILK, EGG, FISH, SHELLFISH, TREE NUT, AND WHEAT INGREDIENTS.

NOTE: IF YOU ARE PREGNANT OR LACTATING, CONSULT YOUR HEALTH CARE PRACTITIONER BEFORE USING THIS PRODUCT.

[†]This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains no artificial colors, flavors or preservatives.