

*Portains to new forms of chromium and copper compared to original formula.

STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

CVS[®]
pharmacy

Compare to Centrum[®]**

NEW SMALLER
TABLET

SPECTRAVITE

ADVANCED FORMULA

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

**With antioxidant vitamins
C, E & Beta-Carotene**

Proper balance of ingredients

USP

WITH MORE ABSORBABLE KEY NUTRIENTS*

**250
TABLETS**



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A (as Vitamin A Acetate and 29% as Beta-Carotene)	3,500 IU 70%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D (as Cholecalciferol)	400 IU 100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytanadione)	25 mcg 31%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Nicotinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
Biotin (as d-Biotin)	30 mcg 100%
Pantothenic Acid	10 mg 100%
(as d-Calcium Pantothenate)	

Calcium (as Calcium Carbonate and Dicalcium Phosphate)	200 mg	20%
Iron (as Ferrous Fumarate)	18 mg	100%
Phosphorus (as Dicalcium Phosphate)	20 mg	2%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	11 mg	73%
Selenium (as Sodium Selenate)	55 mcg	79%
Copper (as Cupric Sulfate)	0.5 mg	25%
Manganese (as Manganese Sulfate)	2.3 mg	115%
Chromium (as Chromium Picolinate)	35 mcg	29%
Molybdenum (as Sodium Molybdate)	45 mcg	60%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Nickel (as Nickel Sulfate)	5 mcg	***
Tin (as Stannous Chloride)	10 mcg	***
Vanadium (as Sodium Metavanadate)	10 mcg	***
Boron (as Boric Acid)	75 mcg	***
Silicon (as Silicon Dioxide)	2 mg	***

***Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Cellulose Coating, Croscarmellose, Crospovidone, Gelatin, Titanium Dioxide Color, Vegetable Magnesium Stearate, Maltodextrin, Mannitol, FD&C Yellow #6 Lake.

Contains fish (cod, cusk, flounder, haddock, hake, pollock, redfish, sole) ingredients.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor.

Directions: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Centrum[®] is a registered trademark of Wyeth Holdings Corporation. This product is not manufactured or distributed by Wyeth Holdings Corporation.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.



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