Initial (first serving) Directions: Start by taking tablet to assess your individual tolerance. If you experience any unusual occurrence, stop and consult your doctor.

Directions for Regular Use: Take 3 tablets TWICE per day with meals. Take this product daily. Consume at least 1 gallon of water per day. For more details on optimizing your results, please see www.ControlledLabs.com.

Warnings: This product has beef, shellfish and soy derived ingredients. Before ingesting this product you should consult your doctor if you are not aware of your current health status or if you have any medical condition including, but not limited to: diabetes, high or low blood pressure, cardiac arrhythmias, stroke; diseases of the heart, kidneys, liver or thyroid gland; anxiety, history of seizures, depression, any psychiatric ailment, pernicious anemia or other blood disorders, prostate enlargement. This product is intended for adults 18-50 years of age only. WARNING: This product contains chemicals known to the State of California to cause cancer, or birth defects or other reproductive harm. Do not take this product if you are pregnant or nursing. Do not consume with less than the recommended amount of water or if you are prone to dehydration or are subjected to extremely hot temperatures. Do not take this product with any drugs

Keep out of the reach of children and pets. Do not purchase if safety seal is broken.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 6 Tablets Servings Per Container: 45

Amount Per	Serving	%DV*	Amount Per	Serving	%DV*
Vitamin A (as Alpha and Beta Carotene)	10000 IU	200%	Calcium (as Calcium Citrate, Calcium	250 mg	25%
Vitamin C (as Ascorbic Acid)	500 mg	833%	D-Glucarate, DiCalcium Phosphate)		
Vitamin D (as Cholecalciferol)	1000 IU	250%	Phosphorus (as Di-Calcium Phosphate)	60 mg	5%
Vitamin E (as D-ALpha, D-Beta, D-Gamma,	200 IU	670%	lodine (as Potassium lodine)	255 mcg	170%
D-Delta Tocopheryls and Tocotrineols)			Magnesium (as Magnesium Chelate)	100 mg	25%
Vitamin K (as Phytonadione)	120 mcg	150%	Zinc (as Zinc Citrate)	30 mg	200%
Thiamine (as Thiamin HCI)	30 mg	2000%	Selenium (as Selenium Chelate)	200 mcg	290%
Riboflavin	30 mg	1765%	Copper (as Copper Chelate)	500 mcg	25%
Niacin (as Inositol Hexanicotinate)	100 mg	500%	Maganese (as Manganese Chelate)	3 mg	150%
Vitamin B6 (as Pyridoxine)	30 mg	1500%	Chromium (as Chromium Chelate)	25 mcg	21%
Folic Acid	400 mcg	100%	Molybdenum (as Molybdenum Chelate)	50 mcg	70%
Vitamin B12 (as Methylcobalamin)	500 mcg	8333%	Potassium (as Potassium Chloride)	50 mg	1%
Biotin	300 mcg	100%	Vanadium (as Vanadium Citrate)	10 mcg	**
Pantothenic Acid (as Calcium Pantothenate)	100 mg	1000%	Boron (as Boron Citrate)	500 mcg	**

	REAL PROPERTY.		- 1000
Joint Complex TM		2000 mg	**
Glucosamine Sulfate and Chondroitin Sulfate			
Flex Complex™	2	1550 mg	White
MSM (Methyl-sulfonyl-methane), Bromelain (2000 GDU) and Hyaluronic Acid			
Digestion and Immune Complex TM 2		1275 mg	strake .

Digestion and Immune ComplexTM

Sechinacea Purpurea (as roof), Ginger Extract, Quercetin (98%), R-Alpha Lipoic Acid (100mg), Giant Knotweed (Root Extract), Bilberry (as Fruit), Blueberry Extract (as fruit), Pomegranate (80% Extract), Grape Seed Extract, Raspberry Seed (as fruit), Lycopene, Lutein

** Daily Value not established.

Other Ingredients: Stearlo Acid, Magnesium Stearate, Groscarmellose Softma, Miscognistalling Gallulose, Silison Dioxide, Hydroxyoroxyl Methylpellulose, Polyethylene Clycol, Tilanium Dioxide, Yellow #6, Yellow #10

CONTAINS Shellitsh (shrimp, orab, and/or lobster), Soy

Allergen Warnings Manufactured on equipment which processes products containing milk, ear, wheat, soybeans, shellish, fishell, tree mus, and peanuis

distany supplement, please call (2011) 755-71444

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MADE IN A USA GMP FAGILITY



^{*} Percent Daily Values (DV) are based on a 2,000 calorie diet