

Calcium fights osteoporosis†

- ✓ Only Citracal® has calcium citrate††
- ✓ Vitamin D for unsurpassed absorption
- ✓ Absorbed with or without food

† To maintain healthy bones, a healthy diet with enough calcium and vitamin D throughout life is recommended, along with regular exercise. This may reduce the risk of osteoporosis, particularly for middle-aged and older women, including those with a family history of the disease who are at higher risk.

†† Among leading calcium brands.

Citracal®

Calcium Citrate

with Vitamin D

REGULAR

250mg + D

Calcium Supplement
150 Coated Tablets



Directions: Adults: Take 1 to 2 tablets two times daily or as recommended by your physician, pharmacist or health professional.

Supplement Facts

Serving Size: 2 tablets

	Amount Per Serving	% Daily Value
Vitamin D	400 IU	100%
Calcium (elemental)	500 mg	50%
Sodium	† 5 mg	< 1%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Silicate, Titanium Dioxide (color), Propylene Glycol Dicaprylate/Dicaprate, Oligofructose Enriched Inulin, Magnesium Stearate, Vitamin D3 (Cholecalciferol).

KEEP OUT OF REACH OF CHILDREN

Do not use if printed foil seal is torn or missing.

Questions or comments?

Please call 1-866-511-9328

Visit our website at www.citracal.com

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