

Scientific studies have underscored the ability of Milk Thistle to help maintain healthy liver function.* The exceptional benefits of this concentrated herb are due to powerful antioxidant properties, which help to support health and well-being.*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Nature's Bounty's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 1947 B1940 02C

NATURE'S BOUNTY®

NATURAL WHOLE HERB

Silymarin Milk Thistle 1000mg**

Promotes Healthy
Liver Function*

RAPID RELEASE
LIQUID SOFTGEL



50 softgels



Concentrated Herb

HERBAL SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Milk Thistle (<i>Silybum marianum</i>) (seed) (from a 4:1 Extract) (Equivalent to 1,000 mg of Milk Thistle)**	250 mg	***

***Daily Value not established.

Other Ingredients: Gelatin, Soybean Oil, Vegetable Glycerin, Soy Lecithin, Yellow Beeswax, Natural Caramel Color, Titanium Dioxide Color.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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