

Recommendation: As a dietary supplement, take one to two capsules with meals twice daily.

Do not use if safety seal is missing or broken

Keep out of reach of children

Store in a cool, dry place

This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: Do not take if pregnant or nursing. If you are taking any medications or experiencing health issues, consult your doctor before use. Do not use this product if you have abdominal pain, intestinal obstruction, nausea, vomiting, any inflammatory condition of the intestines, or diarrhea. Not for children under twelve years old. Discontinue use in the event of diarrhea or watery stools. Not for long-term use. Consult your doctor before use. Do not use longer than one week unless directed by a doctor.



Hendersonville, NC 28792 • 1-800-544-0777
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Supplement Facts

Serving Size 1 Capsule
Servings per Container 100

	Amount per Serving	% DV
Total Carbohydrates	<1 g ..	<1 %
Cascara Sagrada (bark) ..	450 mg	†

† % Daily Value not established.

Other Ingredients: Gelatin (capsule) and Magnesium Stearate.

This product does not contain: yeast, corn, wheat, egg, starch, preservatives, artificial coloring or sweeteners.

Dietary Supplement

100 Capsules

V2.0