

Recommendation: As a dietary supplement, take two or three capsules, a minimum of three times daily. Can be taken every two to three hours until bedtime.

Formula inspired by Herbalist Keith Smith.

Do not use if safety seal is missing or broken.
Keep out of reach of children.
Store in a cool, dry place.

This product does not contain: yeast, corn, wheat, egg, starch, preservatives, artificial coloring or sweeteners.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: If you are pregnant, nursing, taking any medications, or experiencing health issues, consult your doctor before use.



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Supplement Facts

Serving Size 2 Capsules	Servings per Container 180
Amount Per Serving	
	% DV
Calories	4
Sodium	12 mg < 1 %
Total Carbohydrates	145 mg < 1 %
Protein	570 mg 1 %
Vitamin A (as beta-carotene)	2,450 IU 49 %
Thiamin (Vitamin B1)	30 mcg 2 %
Riboflavin (Vitamin B2)	34 mcg 2 %
Iron	1 mg 6 %
Spirulina (whole plant)	952 mg †
Gamma Linolenic Acid (GLA)	46 mg †
(from Spirulina)	
Bee Pollen	408 mg †

† Daily Value not established.

* % DV based on 2,000 Calorie Diet.

Other Ingredients: Gelatin (capsule).

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