

Other Ingredients:

Hydroxypropyl Cellulose, Silicon Dioxide, Croscarmellose Sodium, Stearic Acid, Microcrystalline Cellulose, Magnesium Stearate

Directions:

As a dietary supplement, adults take six (6) caplets daily.

Consult a health care professional before use if you are currently under medical care or are taking prescription drugs. Pregnant or lactating women should consult a health care professional before using this product.

Do not accept if seal is broken.

KEEP OUT OF REACH OF CHILDREN

Store in a cool dry place.

Do not freeze.



LifeLink

Grover Beach, CA 93433

<http://www.lifelinknet.com>

Life  Link

PLATFORM

**Multi-Nutrient
Dietary Supplement**

MP

240 caplets

Supplement Facts

Serving Size: 6 Caplets

Servings Per Container: 40

Amount Per Serving	% Daily Value
VITAMIN A COMPLEX	
Natural Beta Carotene	22,500 IU 452
Vitamin A Palmitate	7,500 IU 150
FAT-SOLUBLE VITAMINS	
Vitamin E (D-alpha-Tocopherol Succinate, Mixed Tocopherols)	250 IU 834
Vitamin D-3 (Cholecalciferol)	150 IU 37
Vitamin K (Phytonadione)	45 mcg 9
VITAMIN B COMPLEX	
Vitamin B-1 (Thiamine Mononitrate Pyrophosphate)	100 mg 6666
Vitamin B-2 (Riboflavin, Riboflavin 5-Phosphate)	75 mg 4411
Vitamin B-3 (Nicotinic Acid, Niacin Ascorbate)	80 mg 400
Vitamin B-5 (Calcium Pantothenate, Panthetine)	325 mg 3250
Vitamin B-6 (Pyridoxine HCl)	100 mg 5000
Vitamin B-12	75 mcg 1250
Biotin	150 mcg 50
Folic Acid	400 mcg 100
PABA	125 mg †
VITAMIN C COMPLEX	
Vitamin C (blend of Calcium Ascorbate, Magnesium Ascorbate, Ascorbyl Palmitate)	1000 mg 1667
Bioflavonoids (blend of Orange, Grapefruit, Lemon, Lime, Tangerine, Buckwheat and Acacia Catechu)	500 mg †

Amount Per Serving	% Daily Value
ELECTROLYTE MINERALS	
Calcium (blend of Aspartate, Ascorbate, Citrate, Lysinate, Amino Acid Chelate)	330 mg 34
Magnesium (blend of Aspartate, Ascorbate, Citrate, Lysinate, Amino Acid Chelate)	300 mg 75
Potassium (Kelp, Amino Acid Proteinates, Aspartate)	49 mg †
MACRO MINERALS	
Zinc (Citrate, Ascorbate, Picolinate)	20 mg 133
Copper (Amino Acid Chelate, Citrate, Chlorophyll)	500 mcg 25
Manganese (Amino Acid Chelate, Sulfate, Ascorbate, Picolinate)	10 mg 500
Sulfur (Manganese Sulfate, Amino Acids)	80 mg †
Boron (Amino Acid Complex)	1.3 mg †
TRACE ELEMENTS	
Chromium (Kelp, Non-yeast GTF, Citrate)	130 mcg †
Selenium (Kelp, Selenomethionine)	100 mcg †
Seleno-di-Glutathione	10 mcg †
Silicon (Horsetail Silica)	65 mg
Iodine (Kelp)	97.5 mcg 65
Molybdenum (Kelp, Trioxide)	50 mcg †
Vanadium (Amino Acid Chelate)	17.5 mcg †
Cobalt (Vitamin B-12)	5 mcg †
CAROTENOIDS	
Beta- and Alpha-Carotene	20 mg †

Amount Per Serving	% Daily Value
CHOLINERGIC COMPLEX	
Choline (Phosphatidyl, Citrate, Bitartrate, Chloride)	250 mg †
DMAE (Dimethyl Amino Ethanol Bitartrate)	12.5 mg †
Myo-inositol	150 mg †
PROPRIETARY BLEND OF	
L-Cysteine, L-Glutathione, L-Methionine	260 mg †
CHLORO/XANTHOPHYLLS	
Chlorophylls A, B, C, D; Xanthophylls (from Plant Extracts)	50 mg †
PROPRIETARY BLEND OF	
Freeze-dried Barley Grass, Cruciferous Vegetables, Algae (Spirulina), Fucus, Dunaliella, Laminaria, Chondrus Crispus, Macrocytis, Calcarea Fluorica, Ferrum Phosphate, Natrum Mur, Calcarea Phosphate, Natrum Phosphate, Silicea, Kali Sulfate, Magnesia Phosphate, Calcarea Sulfate, Kali Phosphate	1250 mg †
† Daily Value not established	