

CODE 669733

JLG
Directions: As a dietary supplement, mix one scoop (26.5g) in 8 to 12 fl. oz. of water. Mix well. Consume one to two times daily.

Supplement Facts

Serving Size One Scoop (26.5g)
Servings Per Container 14

Amount Per Serving		% Daily Value
Calories	100	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0.5 g	3%†
Cholesterol	40 mg	13%
Total Carbohydrate	7 g	2%†
Dietary Fiber	3 g	12%†
Sugars	1 g	*
Protein	15 g	
Calcium	500 mg	50%
Sodium	120 mg	5%
Potassium	110 mg	3%
Proprietary Beauty Blend	50.5 mg	*
(L-Cysteine [as L-Cysteine Hydrochloride], MSM [Methylsulfonyl-methane], Hydrolyzed Gelatin, L-Methionine, Hyaluronic Acid [HA], Silica [as Silicon Dioxide], Panthethine, Lutein [as Lutein Esters])		

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Soy Protein Isolate, Calcium Caseinate), Sunfiber® Partially Hydrolyzed Guar Gum, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Natural and Artificial Flavors, Sunflower Oil Powder (Sunflower Oil, Maltodextrin, Modified Food Starch, Dipotassium Phosphate, Tricalcium Phosphate, Tocopherols), Calcium Carbonate, Malic Acid, Lecithin, BioCore Edge™ Blend (Protease [from Aspergillus oryzae, Aspergillus niger, and Aspergillus mellis], FD&C Blue #2, FD&C Red #40).

CONTAINS: Milk and Soybeans.

NOTICE: Significant product settling may occur.

BioCore Edge™ is a trademark of National Enzyme Company.

Sunfiber®

Sunfiber® is a registered trademark of Taiyo International, Inc. Use of Sunfiber® is protected by US Trademark Registration No. 2,930,937.

be-BUFF™

PROTEIN & FIBER COMPLEX MIX

Wish your workout could last all day?

The results can...

be-BUFF is no ordinary protein complex - it can help you achieve better fitness results and more! This delicious protein mix was specifically designed for women to fuel lean body mass, enhance your metabolism, curb your appetite and provide beauty from within!*

Protein: sufficient protein intake is essential to any woman seeking a slim, toned physique. Consuming protein increases your feeling of fullness, so you won't be as hungry.* Along with exercise, protein is a quality fuel for lean body mass.* When you build lean muscle, your metabolism increases, and you will burn more calories.

Fiber: **be-BUFF** features a superior form of fiber, called Sunfiber®. It's clinically proven to improve regularity, improve growth of beneficial bacteria and normalize bacterial flora.* Fiber, like protein, helps you to feel fuller, longer. Adult women should consume 25 to 35 grams of fiber each day to maintain good health and normal bowel function.

Enzymes: support a healthy digestive system and help your body to better use the nutrients you take in each day. Enzymes also help to reduce bloating and gas.*

Beauty Blend: features a unique proprietary blend of ingredients that support beautiful, healthy hair and nails and hydrate skin.*

Calcium: in addition to protein and fiber, **be-BUFF** provides 500 mg of bone building calcium in each serving - that's about half of what you need each day. After all, if you're going to have strong muscles, you'll want strong bones to support them.

Finally, a protein complex made for women. Simply add **be-BUFF** to water or your favorite beverage for a healthy mid-day treat to help curb your appetite.* This protein is so well designed you can use it before or after your fitness regimen.

be-full, be-beautiful, be-fit...be-BUFF!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information:
1-888-462-2548
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