

Supplement Facts

Serving Size 1 capsule

Amount per capsule

Phosphatidylserine 100 mg †
[40% complex]

† Daily Value not established

Suggested Use: 2 to 4 capsules twice daily for the first week, then 1 to 2 capsules twice daily, or as directed by a health care professional.

Excipients: Ascorbyl
Palmitate, Gelatin

LifeLink
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<http://www.lifelinknet.com>

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PS

Phosphatidylserine

100

100 mg / 30 capsules

Phosphatidylserine is an essential component of nerve cell membranes. It plays a role in cell communication and metabolism. PS is used clinically for improving cognitive abilities (including memory and learning), for alleviating depression, and for reducing stress-induced cortisol excesses that cause visceral fatness.

