

Supplement Facts

Serving Size 3 capsules
Amount per serving % DV

Glucosamine sulfate · 2 KCl	1500 mg	†
Chondroitin sulfate complex	1200 mg	†

† Daily Value not established

Other Ingredients:

Microcrystalline cellulose,
Magnesium stearate,
Gelatin

Suggested Use:

Take 3 capsules daily, or as
directed by your qualified
healthcare provider.

LifeLink
Grover Beach, CA 93433
<http://www.lifelinknet.com>

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Glucosamine- Chondroitin

1500 mg/1200 mg

900

90 capsules

Glucosamine and chondroitin are thought to be part of the body's mechanism for lubricating, maintaining and repairing damage to joint cartilage.

Glucosamine and chondroitin supplements have well-established effectiveness for reducing pain and improving range of motion in osteoarthritic joints. In clinical studies improvements are seen within 8 to 12 weeks at doses of 1500 to 2000 mg/day of glucosamine sulfate and 1200 mg/day of chondroitin sulfate.

The ratio of glucosamine to chondroitin in this product is considered optimum for joint improvement.



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