

SUGGESTED USAGE: Shake well. As a dietary supplement, For Adults: take 1 tablespoon (15 mL) 1 to 2 times daily with meals. For Children 4 years and older: take 1 teaspoon (5 mL) 1 to 2 times daily with meals.

SHAKE WELL BEFORE USE.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

This unique formula utilizes brown rice protein as a stabilizing agent for maximum bioavailability of the vitamins, minerals and phytonutrients.

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, Natural Flavors, Non-GMO Soy Lecithin, Citric Acid, Malic Acid, Xanthan Gum and Potassium Sorbate.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

Contains no salt, starch, yeast, wheat, gluten, milk, egg, or artificial colors or flavors.

**This product may contain insignificant amounts of naturally occurring iron present in colloidal minerals.

AAC = Amino Acid Chelate

SelenoPure™ is a trademark of Nutrition 21.

Chromium Chelavite® is a registered trademark of Albion Labs.

VitaBerry™ is a trademark of VDF FutureCeuticals, Inc.

Vegetarian/Vegan Product. Please Recycle.

PROTOCOL
FOR LIFE BALANCE™

Iron-Free**

Ortho Liquid Multi™

Liquid Vitamin & Mineral

- High Potency - Fast Absorption
- Added Phytonutrients
- Xylitol Sweetened

Tropical Orange Flavor

10% of profits donated for health research

Net 16 fl. oz. (473 mL)

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container 31

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Sugar Alcohols (as Xylitol)	3 g	†
Vitamin A	5,000 IU	100%
[from 60% Retinyl Palmitate & 40% Beta-Carotene (as pro-Vitamin A 1.2 mg)]		
Vitamin C (as Ascorbic Acid)	250 mg	420%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (from d-alpha Tocopheryl Acetate)	100 IU	330%
Vitamin B-1 (from Thiamine Hydrochloride)	10 mg	670%
Riboflavin (Vitamin B-2)	10 mg	590%
Vitamin B-3 (from Nicotinamide)	25 mg	125%
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg	500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1670%
Biotin	100 mcg	35%
Vitamin B-5 (from Calcium D-Pantothenate)	25 mg	250%
Calcium (from Calcium Carbonate)	25 mg	3%
Iodine (from Kelp (<i>Laminaria digitata</i>))	75 mcg	50%
Magnesium (from Magnesium Oxide)	10 mg	3%
Zinc (from Zinc AAC)	3 mg	20%
Selenium (from SelenoPure™ L-Selenomethionine)	15 mcg	20%
Manganese (from Manganese AAC)	2 mg	100%
Chromium (from Chromium Chelavite® AAC)	10 mcg	8%
Potassium (from Potassium Chloride)	25 mg	< 1%
Orange Juice Powder	100 mg	†
VitaBerry™ Hi-ORAC Fruit Blend	50 mg	†
Aloe Vera Juice	50 mg	†
Colloidal Minerals (Fulvic Acid)	50 mg	†
Rice Protein Concentrate (from Non-GMO Brown Rice)	30 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Inositol	25 mg	†
Kelp (<i>Laminaria digitata</i>)	15 mg	†
Grapeseed Extract (<i>Vitis vinifera</i>) (90% Polyphenols)	10 mg	†
Citrus Bioflavonoids	10 mg	†
Lutein (from Marigold Extract)	100 mcg	†
Lycopene (from Natural Tomato Extract)	100 mcg	†

*Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Peel Here
for more information

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Guaranteed Quality
This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

Cautions and Interactions
Supports general nutritional status.* There are no special safety concerns when used as directed.

This iron free, vegetarian formula comes in an easy to use liquid. Our comprehensive multivitamin contains Vitamins A, C, D and E, Vitamins B1, B2, B3, B5, B6, B12, Folate, Biotin, Calcium, Iodine, Magnesium, Zinc, Selenium, Manganese, Chromium, Potassium, Orange Juice Powder, VitaBerry™, Aloe Vera Juice, Colloidal Minerals, Rice Protein Concentrate, Choline, Inositol, Evening Primrose Oil (EPO), Grapeseed, Citrus Bioflavonoids, Kelp, Lutein and Lycopene.

By supplementing the diet with additional vitamins and minerals, multivitamins can be a valuable tool for those with dietary imbalances or different nutritional needs.* People with dietary imbalances may include those on restrictive diets or those who can't or simply don't wish to eat a nutritious diet.*

Not all multi-vitamins are created equally. Protocol For Life Balance™ Ortho Liquid Multi™ offers a complete array of vitamins and minerals in an exceptionally comprehensive formula.