

**Supplement Facts**

Serving Size 1 capsule

Amount per serving

R-alpha-lipoic acid 100 mg †

† Daily Value not established

**Other Ingredients:**

Rice powder, Gelatin

**Suggested Use:**1 capsule daily as a  
nutritional supplement.LifeLink  
Grover Beach, CA 93433  
<http://www.lifelinknet.com>Life  Link**R-alpha Lipoic Acid**

R-Thioctic Acid

**100**

100 mg / 120 capsules

R-alpha-Lipoic Acid (R-aLA) is a versatile antioxidant that protects cells from free radicals generated during energy production. It is the form of aLA found in nature. Most aLA supplements also contain 50% S-aLA — a form of aLA with no known benefits that may partially counteract the benefits of R-aLA. This LifeLink product contains no S-aLA.

