

Directions: As a dietary supplement, take one packet 1 to 2 times a day. Place contents in a glass, add 4-6 oz. of water.

Supplement Facts

Serving Size 1 packet (8.8 g)
Servings Per Container 30

Amount Per Serving		% DV
Calories	20	
Total Carbohydrate	5 g	2%**
Sugars	5 g	

Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	500 mg	834%
Vitamin D ₃ (as cholecalciferol)	1,000 IU	250%
Thiamin (as thiamine hydrochloride)	0.19 mg	13%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.22 mg	13%
Niacin	2.5 mg	12%
Vitamin B ₆ (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	6.25 mcg	2%
Vitamin B ₁₂ (as cyanocobalamin)	12.5 mcg	208%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	13%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	500 mg	50%
Magnesium (as magnesium hydroxide, magnesium carbonate)	50 mg	13%
Zinc (as zinc ascorbate)	2 mg	13%
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	8%
Sodium (as sodium bicarbonate, sodium phosphate)	30 mg	1%
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	110 mg	3%

Alpha Lipoic Acid	1 mg	†
Quercetin	1 mg	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Fructose, malic acid, citric acid, vegetable juice color, natural flavors, maltodextrin, raspberry juice powder, silica, tartaric acid, caramel color, stevia (leaf extract), glycine, aspartic acid, and cysteine hydrochloride.

Distributed by:
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Consumer Line: 1.888.425.2362
emergenc.com

STORE IN A COOL, DRY PLACE

115_05_02

DIETARY SUPPLEMENT

Emergen-C[®] FEEL THE GOOD[®]

BONES. YOU'D BE PRETTY FLOPPY WITHOUT THEM.

Maintaining healthy strong bones is a wise yet simple proposition. Thankfully, fortifying your bones has never been easier or tastier. Just tear open a packet of vitamin D-rich, calcium-packed Emergen-C Bone Health Formula[®], give it a pour, and enjoy the fizz. Naturally flavored and naturally sweetened, each fruity mixed berry packet gives you a whopping 1,000 IU of vitamin D, a healthy 500 mg dose of calcium and 500 mg of vitamin C. All to help fortify them bones.* This tasty drink mix also provides a wave of rejuvenation with naturally energizing B vitamins* plus antioxidants and electrolytes. If feeling good while strengthening your bones is your thing, you've found the right box.

Check out all of our flavors and formulas at emergenc.com

Good to the Bone![®]

VITAMIN C

Essential in the production of collagen, the main constituent of connective tissue of the bones, which helps maintain the strength and flexibility of bones.*

CALCIUM

Essential for maintaining bone strength. Bones are constantly being remolded and require calcium to build up new bone mass. Calcium may reduce the risk of osteoporosis.*

VITAMIN D

Now with extra strength vitamin D₃ 1,000 IU. Vitamin D plays an essential role in helping stimulate the absorption of calcium necessary for bone development.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Compared to Original Emergen-C Bone Health Formula[®]

Emergen-C[®]

VITAMIN D & CALCIUM

Bone Health Formula^{*}

500 mg Calcium
1,000 IU Vitamin D₃
500 mg Vitamin C

Mixed Berry
Flavored FIZZY Drink Mix

DIETARY SUPPLEMENT
NET WT. 0.3 OZ (8.8 g)/PACKET(30 PACKETS)

NOW! Twice
the Calcium[†] & 250%
of the Daily Value
of Vitamin D

Emergen-C[®]

VITAMIN D & CALCIUM

Bone Health Formula^{*}

500 mg Calcium • 1,000 IU Vitamin D₃
500 mg Vitamin C

Mixed Berry
Flavored FIZZY Drink Mix



NET WT. 0.3 OZ (8.8 g)/PACKET(30 PACKETS) DIETARY SUPPLEMENT