

# Ortho Multi™ for Men

Saw Palmetto, Lycopene, Ginseng  
Lutein, CoQ10, ZMA® Zinc  
& Nettle Extract

10% of profits donated for health research

**90 Tablets**

A Dietary Supplement Vegetarian Formula



**SUGGESTED USAGE:** As a dietary supplement, take 2 tablets daily, preferably with meals. Formulated with saw palmetto, lycopene, ginseng, lutein, CoQ10, bioavailable zinc and nettle extract. Protocol For Life Balance™ Ortho Multi™ for Men provides nutritional support not just for general health, but where it especially counts for men: prostate, cardiovascular and eye health.\*

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Vegetarian/Vegan Product.** AAC\* = Amino Acid Chelate

CODE P3875



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## Supplement Facts

Serving Size 2 Tablets Servings Per Container 45

Amount Per Serving	% Daily Value
Beta-Carotene (as pro-Vitamin A 6 mg) 10,000 IU	200%
Vitamin C (from Calcium Ascorbate) 350 mg	580%
Vitamin E (from Ergo-Alpha-Tocopherol) 200 IU	100%
Vitamin B-6 (from d-alpha Tocopheryl Succinate)	670%
Vitamin B-12 (from Phytobiotin) 50 mcg	60%
Riboflavin (Vitamin B-2) 25 mg	1470%
Niacin (from Calcium Nicotinamide and Inositol Hexanicotate)	50 mg
Vitamin B-8 (from Pyridoxine HCl) 25 mg	1250%
Thiamine (Vit. B-1) (from Thiamine HCl) 25 mg	1670%
Folate (as Folic Acid) 800 mcg	200%
Vitamin B-12 (as Methylcobalamin) 250 mcg	4170%
Boron 300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium d-Pantothenate) 100 mg	1000%
Calcium (from Calcium Carbonate) 350 mg	35%
Magnesium (from Magnesium Oxide, Magnesium Citrate and ZMA®)	100 mg
Zinc (from ZincMax® (Zinc Picolinate) and ZMA®)	30 mg
Selena (from L-Selenomethionine) 200 mcg	250%
Copper (from Copper AAC*) 500 mcg	55%
Manganese (from Manganese AAC*) 3 mg	150%
Chromium (from Chromium Chelated®) 200 mcg	170%
Molybdenum (from Molybdenum AAC*) 50 mcg	70%
Phosporium (from Potassium Chloride) 50 mg	1%

Saw Palmetto Extract (Berries) (L <u>s</u> sericea repens (min. 45% Fatty Acids)	160 mg	†
Panax Ginseng Extract (Roots) (min. 5% Ginsenosides)	100 mg	†
ZMA®	55 mg	†
Alpha Lipoic Acid	50 mg	†
Chlorophyll (from Chlorophyll Bisulfite)	50 mg	†
Kelp (Laminaria digitata Whole Plant)	45 mg	†
Ginkgo Biloba Extract (Leaf) (min. 24% Ginkgoflavonglycosides)	30 mg	†
Nettle Extract (Root) (Urtica dioica)	25 mg	†
(from Urtica dioica)	10 mg	†
Green Tea Extract (Leaf) (Vitis vinifera)	25 mg	†
(from Vitis vinifera)	10 mg	†
CoQ10 (as Ubiquinone)	5 mg	†
Lycopene (from Natural Tomato Extract)	1 mg	†
Boron (from Boron AAC*)	1 mg	†
Lutein (from FloraGLO®)	500 mcg	†
Vanadum (from Vanadium AAC*) 100 mcg		

† Daily Value not established.

Other Ingredients: Cellulose, Maltodextrin, Silica, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source) and Vegetable Coating.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Made in the U.S.A. www.protocolforlife.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

**Peel Here**  
for more information

Do Not Eat Fresh Peeler. Please Peel Inside.

### Cautions and Interactions

Supports general nutritional status. There are no special safety concerns when used as directed.

### Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third-party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.\*

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This product contains an Ageless® anti-oxygen packet to enhance protection during storage.

Not all multi-vitamins are created equally. Ortho Multi™ for Men offers a complete array of vitamins and minerals in an exceptionally comprehensive formula designed just for men, particularly those with prostate, cardiovascular and eye health in mind.\*

By supplementing the diet with additional vitamins and minerals, multi-vitamins can be a valuable tool for those with dietary imbalances or different nutritional needs.\* People with dietary imbalances may include those on restrictive diets or those who can't or simply don't wish to eat a nutritious diet.

Ortho Multi™ for Men contains Saw Palmetto Extract, Nettle Root Extract, Panax Ginseng, ZMA® (a patented form of Zinc), Ginkgo Biloba Extract, LYC-O-MATO® Lycopene and FloraGLO® Lutein, all nutrients to enhance men's health, in a complete multiple vitamin and mineral formulation.\*

Many medical and nutritional experts advise most adults to take a daily multivitamin. The medical journal JAMA has agreed. In the current age, when nutrients in foods are depleted from soil exhaustion, selection of varieties determined primarily for non-nutritive growth and handling characteristics, and long transport and storage times, the estimated 90% of Americans that fail to eat properly as per the USDA Food Pyramid often seek some "insurance" to maintain healthy levels of essential nutrients in their diet. A multivitamin is the ideal way to add these balanced nutrients to our diet.\*