

Supplement Facts

Serving Size 1.93 fl. oz.

Amount Per Serving	% Daily Value
Niacin (as Niacinamide) 30mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride) 40mg	2000%
Folic Acid 400mcg	100%
Vitamin B12 (as Cyanocobalamin) 500mcg	8333%
Sodium 18mg	<1%
Energy Blend 1870mg	‡
Taurine, Glucuronic acid (as or from glucuronolactone), Malic Acid, N-Acetyl L-Tyrosine, L-Phenylalanine, Caffeine, Citicoline	

‡Daily value not established

Other Ingredients: Purified Water; Natural and Artificial Flavors; Sucralose; Potassium Sorbate, Sodium Benzoate and EDTA (to protect freshness).

RECOMMENDED USE: Take one half (1/2) bottle for moderate energy. Take one whole bottle for maximum energy. Do not exceed two bottles daily, consumed several hours apart. Use or discard any remainder within 72 hours (three days) after opening. Refrigeration not required.

CAUTION: Contains caffeine comparable to a cup of the leading premium coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasional rapid heartbeat. You may experience a Niacin Flush (hot feeling, skin redness) that lasts a few minutes. This is caused by Niacin (Vitamin B3) increasing blood flow near the skin.

Do not take if you are pregnant or nursing, or under 12 years of age. If you are taking medication and/or have a medical condition, consult your doctor before use.

Phenylketonurics: Contains phenylalanine.

†“No crash” means no *sugar* crash. 5-hour ENERGY® contains no sugar. Individual results may vary. See www.5hourenergy.com for more details.

† THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



5-hour ENERGY®



✓ Hours of energy now – No crash later†

✓ Sugar free

✓ 4 calories

6-Pack

6 – 1.93 OZ (57ml)

DIETARY SUPPLEMENT



b-vitamins • amino acids • zero sugar