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CODE P3878 V2

PROTOCOL
FOR LIFE BALANCE™

Ortho Multi™ for Men

Saw Palmetto, Lycopene, Ginseng
Lutein, CoQ10, ZMA® Zinc
& Nettle Extract

10% of profits donated for health research

90 Vcaps®

A Dietary Supplement Vegetarian Formula

Supplement Facts
Serving Size 3 Vcaps® Servings Per Container 30

Amount per Daily Serving	% Daily Value
Beta-Carotene (as pre-Vitamin A 6 mg)	10,000 IU 200%
Vitamin C (from Calcium Ascorbate)	350 mg 580%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (from dl-alpha Tocopheryl Succinate)	200 IU 670%
Vitamin K (from Phytomenone)	50 mcg 60%
Thiamine (Vitamin B-1) (from Thiamine HCl)	25 mg 1670%
Riboflavin (Vitamin B-2)	25 mg 1470%
Niacin (Vitamin B-3) (from Nicotinamide 50 mg and Inositol Hexanicotinate)	250 mg 250%
Vitamin B-6 (from Pyridoxine HCl and 25 mg Pyridoxal Phosphate (P-5-P))	125 mg 1250%
Folate (as Folic Acid)	800 mcg 200%
Vitamin B-12 (as Methylcobalamin)	250 mcg 4170%
Biotin	300 mcg 100%
Pantothenic Acid (Vitamin B-5) (from Calcium D-Pantothenate)	100 mg 150%
Calcium (from Calcium Carbonate and Calcium Ascorbate)	350 mg 35%
Iodine (from Kelp)	225 mcg 150%
Magnesium (from Magnesium Oxide, 100 mg Magnesium Citrate and ZMA®)	100 mg 25%
Zinc (from ZincMax® (Zinc Picolinate and ZMA®))	30 mg 1000%
Selenium (from L-Selenomethionine)	200 mcg 290%
Copper (from Copper AAC*)	500 mcg 25%
Manganese (from Manganese AAC*)	3 mg 150%
Chromium (from Chromium Chelavite®)	200 mcg 170%
Molybdenum (from Molybdenum AAC*)	150 mcg 70%
Potassium (from Potassium Chloride)	50 mg 1%

Saw Palmetto Extract (Berries) (<i>Serenoa repens</i>) (min. 45% Fatty Acids)	160 mg †
Panax Ginseng Extract (Roots) (min. 5% Ginsenosides)	100 mg †
ZMA®	55 mg †
Alpha Lipoic Acid	50 mg †
Choline (from Choline Bitartrate)	50 mg †
Kelp (<i>Laminaria digitata</i>) (Whole Plant)	45 mg †
Ginkgo Biloba Extract (Leaf) (100 mg Ginkgoflavonolglycosides)	30 mg †
Nettle Extract (from <i>Urtica dioica</i>)	25 mg †
Grape Seed Extract (<i>Vitis vinifera</i>) (min. 90% Total Phenolics)	25 mg †
Inositol (from Inositol Granules and L-Ascorbic Acid)	25 mg †
Bromelain (2400 GDU)	25 mg †
Lipoase (8,000 FCC)	12.5 mg †
Papain (2000 USP)	12.5 mg †
Amylase (5000 FCC)	5 mg †
CoQ10 (as Ubidecarenone)	5 mg †
Lycopene (from Natural Tomato Extract)*	1 mg †
Boron (from Boron AAC)*	1 mg †
Lutein (from FloraGLO®)	500 mcg †
Vanadum (from Vanadum AAC)*	100 mcg †

† Daily Value not established.

Other ingredients: Vegetable Polyisobutylene (capsule), Magnesium Stearate (vegetable source), Malodextrin and Silica.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocollife.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.
AAC = Amino Acid Chelate Vegetarian/Vegan Product.

**Peel Here
for more information**

Scan here with your mobile device
to access the product information.



Cautions and Interactions
Supports general nutritional status. There are no special safety concerns when used as directed.

Guaranteed Quality
This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

Ortho Multi™ for Men contains Saw Palmetto Extract, Nettle Root Extract, Panax Ginseng, ZMA® (a patented form of Zinc), Ginkgo Biloba Extract, LYC-O-MATO® Lycopene and FloraGLO® Lutein, all nutrients to enhance men's health, in a complete multiple vitamin and mineral formulation.*

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Not all multi-vitamins are created equally. Ortho Multi™ for Men offers a complete array of vitamins and minerals in an exceptionally comprehensive formula designed just for men, particularly those with prostate, cardiovascular and eye health in mind.* By supplementing the diet with additional vitamins and minerals, multi-vitamins can be a valuable tool for those with dietary imbalances or different nutritional needs. People with dietary imbalances may include those on restrictive diets or those who can't or simply don't wish to eat a nutritious diet.

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This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

This product contains an Ageless® anti-oxygen packet to enhance protection during storage.

SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily, preferably with meals. Formulated with saw palmetto, lycopene, ginseng, lutein, CoQ10, bioavailable zinc and nettle extract. Protocol For Life Balance™ Ortho Multi™ for Men provides nutritional support not just for general health, but where it especially counts for men: prostate, cardiovascular and eye health.*

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