

Supplement Facts

Serving Size 2 fl. oz.

Amount Per Serving	% Daily Value
Calories 4	Calories from Fat 0
Niacin (as Niacinamide) 30mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride) 40mg	2000%
Folic Acid 400mcg	100%
Vitamin B12 (as Cyanocobalamin) 500mcg	8333%
Sodium 10mg	<1%
Energy Blend 1870mg	†
Citicoline, Glucuro lactone, N-Acetyl L-Tyrosine, L-Phenylalanine, Taurine, Malic Acid, Caffeine	
Enzyme Blend 1mg	†
Amylase, Protease, Lipase, Cellulase, Lactase	
†Daily value not established	

Other Ingredients: Purified Water; Natural and Artificial Flavors; Potassium Sorbate, Sodium Benzoate and EDTA (to protect freshness); Sucralose.

FOR MAXIMUM ENERGY: Drink entire bottle at one time.

FOR MODERATE ENERGY: Drink a half bottle or less. Use or discard within 72 hours (or 3 days) after opening. Refrigeration not necessary.

CAUTION: Contains about as much caffeine as a cup of coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasionally rapid heartbeat. You may experience a Niacin Flush (hot feeling, skin redness) that lasts a few minutes. This is caused by Niacin (Vitamin B3) increasing blood flow near the skin.

Not for use by children under 12 years of age.

Phenylketonurics: Contains phenylalanine.

MADE IN USA
Distributed by Living Essentials
Novi, MI 48377 • 1-888-960-9495
www.5hourenergy.com

PATENT PENDING

©2007 Living Essentials.
All rights reserved.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

*Individual results may vary.

B-Vitamins • Enzymes • Amino Acids

WHEN TO TAKE 5-HOUR ENERGY

Take 5-Hour Energy whenever you need a big boost of energy...

- *Morning – Wake up, be alert & productive.*
- *Afternoon – No more food coma.*
- *Working out – More reps, more miles.*
- *Going out – More energy – more fun.*
- *Long trips – Avoid travel fatigue.*

