

Recommendation: As a dietary supplement, take two capsules with meals three times daily.

Do not use if safety seal is missing or broken.

Keep out of reach of children.

Store in a cool, dry place.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Allergen Information: Contains crustacean shellsih.

Warning: Do not take if pregnant, nursing, spitting blood, or if you suffer from tuberculosis, ulcers or gastritis. If you are taking any medications, or experiencing health issues, consult your doctor before use.



Hendersonville, NC 28792 • 1-800-544-0777

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Supplement Facts

Serving Size 2 Capsules Servings per Container 50

Amount per Serving % DV

Proprietary Blend	1,220 mg	
Oriental Arborvitae (seed) (bai zi ren)		†
Chamomile (flower) Concentrate.....		†
Ophiopogon (root tuber) (mamen dong)		†
Valerian (root)		†
Platycodon (root) (jie geng)		†
Jujube (seed) (suan zaren)		†
Polygala (root) (yuan zhi)		†
Scrophularia (root) (xuan shen).....		†
Skullcap (herb)		†
Chinese Yam (rhizome) (shan yao)		†
Dragon's Bone(<i>Os Draconis</i>) (long gu)		†
Mother of Pearl (<i>Margarit ifera Concha</i>)(shell) (zhen zhu mu)		†
Poria (sclerotium) (fuling)		†
Tangerine (dried rind of maturefruit) (chen pi)		†
Schisandra (fruit) (wu weizi)		†
Bai-zhu Atractylodes (rhizome) (bai zhu)		†
Dong Quai (root head) (danggui tou)		†
Grass-leaf Sweetflag (rhizome) (shichang pu)		†
Licorice (root) (garcao)		†
† Daily Value not established. Other Ingredients: Gelatin (capsule).		

Dietary Supplement

100 Capsules

V4.0