

Peel Here
for more information

Vcaps® is a registered trademark of Capsugel.

Vegetarian/Vegan Product.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other Ingredients: Cellulose (capsule), Cellulose, Silica and Magnesium Stearate (vegetable source).

† Daily Value not established.

Supplement Facts

Serving Size 1 Vcaps®

Amount Per Serving	% Daily Value
mg	%
Sodium	< 1%
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit and Seeds) (Standardized to 80% Silymarin Flavonoids)	300 mg
Dandelion Root Extract (<i>Taraxacum officinale</i>) (4:1)	100 mg
Artichoke Extract (<i>Cynara scolymus</i>) (Leaf) (Standardized to 2% Cynarin)	50 mg
† Daily Value not established.	

PROTOCOL
FOR LIFE BALANCE™

Milk Thistle Extract

**300 mg/80%
Liver Support Formula***

• With Artichoke & Dandelion

10% of profits donated for health research

90Vcaps®

A Dietary Supplement Vegetarian Formula



SUGGESTED USAGE: As an herbal dietary supplement, take 1 Vcaps® 1 to 3 times daily. Increase dosage as directed by a health care practitioner.

Milk thistle (*Silybum marianum*) is an herb that is well documented in traditional medicine and has been used for centuries. Milk thistle is composed of a family of flavonoids known as silymarin with smaller amounts of Silydianin and Silychristin. Milk thistle has been shown to increase the liver's content of glutathione.* Studies have indicated that the constituents in Silymarin may help to support healthy liver function.* This vegetarian formula also includes extracts of Artichoke & Dandelion for additional support.*

Natural color variations may occur in this product.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.



CODE P4739 [V2]

Milk thistle is a flowering herb that has been used by herbalists for hundreds of years. Silymarin, which is extracted from its seeds, is the active part of the herb.

Proper liver health is vital for human beings. The liver is the largest gland in the body. It plays a key role in metabolism and has a number of functions in the body including phytochemical storage, plasma protein synthesis, and drug detoxification. The liver also produces bile, which is critical for proper digestion.

Milk thistle appears to concentrate its main action in the liver. It is well recognized for being a hepatoprotectant (liver protecting agent) and has been shown to increase the liver's content of glutathione.* Chanthone is a cellular antioxidant that helps to reduce the damaging effect of free radicals and supports healthy detoxification processes.

This unique vegetarian formula also contains Artichoke and Dandelion extracts, both known for their synergistic benefits.*

Cautions and Interactions

Few side effects are reported when Silymarin is used within the recommended dose ranges. Rare cases of stomach upset, mild laxative effect, itching and headache have been described.* Significant interactions between milk thistle (Silymarin) and medications or other herbal remedies are largely unknown at normal levels of intake.

Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Apical® anti-oxygen packet to enhance protection during storage.