

Supplement Facts

Serving Size 1 lozenge

Amount per lozenge

5-Hydroxy-L-tryptophan 25 mg†

† Daily Value not established

Excipients:

Lactose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide

Life  Link
Grover Beach, CA 93433
<http://www.lifelinknet.com>

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5-HTP

5-Hydroxy-L-Tryptophan

25

25 mg / 90 sublingual tablets

5-HTP (5-hydroxy-L-tryptophan) is the immediate precursor of serotonin. Low levels of serotonin are associated with depression, obesity and sleep disorders. For best results avoid taking Vitamin B6 two (2) hours before or after taking 5-HTP.

Suggested Use: Doses vary according to use. Consult your health care professional.

