

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

TO REORDER PROD. # **490**  
**www.vitaminworld.com**

**1-800-228-4533**

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Ronkonkoma, NY 11779 U.S.A.  
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B490 05D



# Wheat Germ Oil

**20 MINIMS 1130 MG**

**Natural Source of Vitamin E  
Protective Antioxidant**

DIETARY SUPPLEMENT

**100**  
RAPID RELEASE  
SOFTGELS

**DIRECTIONS:** For adults, take one (1) to two (2) softgels daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (from Wheat Germ Oil)	2.17 IU	7%
Wheat Germ Oil	1,130 mg (1.13 g)	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin.

Wheat Germ Oil is drawn from the heart of the finest wheat embryo by a cold pressing process. Wheat Germ is a natural source of Vitamin E, B-Complex, plus important nutritional factors. It is one of nature's finest dietary supplements.

Wheat Germ Oil is a refined cold pressed oil which is a natural ingredient enclosed in a soft gelatin shell.