

RESPONSIBLY WILDCRAFTED

Cascara Sagrada bark (*Rhamnus purshiana*) whose name translates to "sacred bark", has a long history of use as a natural laxative. Nature's Answer® uses Cascara Sagrada that has been aged for one year for optimum potency. ***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Also available in a **Holistically Balanced®**
Concentrated Liquid Extract

CAUTION: This product contains Cascara Sagrada (*Rhamnus purshiana*). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pains, because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your healthcare practitioner if you have frequent diarrhea, or any other medical condition. Do not use for more than 7-10 days. Keep out of reach of children. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner. Store in cool, dry place.



NATURE'S ANSWER®

Cascara Sagrada

BARK

*Promotes A Laxative Action**



SINGLE HERB
Supplement

1 Once
Daily

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per Serving		% Daily Value
Cascara Sagrada Bark	850 mg	†
† Daily Value (DV) not established		

Other Ingredients: Vegetable Cellulose, Calcium Silicate.

Suggested Use: As a dietary supplement take two (2) capsules daily, or as needed with food or water.

NATURE'S ANSWER® capsules feature the highest quality of **organic**, responsibly **wildcrafted** or **cultivated** herbs, which maintain the naturally-occurring constituents found in the plant. They are carefully selected and finely milled (*miconized*), allowing faster absorption by the body; Manufactured to **cGMP** (current Good Manufacturing Practices) standards; **Free of synthetic ingredients.**

Unconditionally Guaranteed

NATURE'S ANSWER Quality Without Question™ *Pioneers Since 1972*

Hauppauge, NY 11788-3943 www.naturesanswer.com