

21ST CENTURY®



DIETARY SUPPLEMENT



Zoo Friends with Iron

Compare Active Ingredients
To Flintstones® Plus Iron†

60 Tablets

DIRECTIONS: As a dietary supplement, take one (1) tablet daily with any meal, or as directed by a healthcare provider.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Salt, Yeast, Preservatives.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV**	% DV††
Vitamin A (as Acetate and 50% as Beta Carotene)	2,500 I.U.	100% 50%
Vitamin C (as Ascorbic Acid)	60 mg	150% 100%
Vitamin D (as Cholecalciferol)	400 I.U.	100% 100%
Vitamin E (dl-alpha Tocopheryl Acetate)	15 I.U.	150% 50%
Thiamin (as Thiamine Mononitrate)	1.05 mg	150% 70%
Riboflavin (Vitamin B-2)	1.2 mg	150% 70%
Niacin (as Niacinamide)	13.5 mg	150% 68%
Vitamin B6 (as Pyridoxine HCl)	1.05 mg	150% 52%
Folic Acid	300 mcg	150% 75%
B12	4.5 mcg	136% 75%
Iron (Ferrous Sulfate)	15 mg	150% 83%

†† Percent Daily Value (DV) for adults & children over 4.

** Percent Daily Value for Children Under 4 Years of Age

Other Ingredients: Sucrose, Sorbitol, Stearic Acid, Silicon Dioxide, Cellulose, Natural Flavors, Magnesium Stearate, Sucralose, Artificial Colors Added (FD&C Red #40, FD&C Yellow #6, FD&C Blue #2).

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



21ST Century® ... for a healthier future.

Zoo Friends w/Iron

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21st Century's® Zoo Friends Chewable Multivitamin with Iron contains antioxidant nutrients that help neutralize free radicals which may cause cellular damage in the body.*

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Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

† Flintstones® is a registered trademark of Hanna-Barbera Prod., Inc.

