

**FISH, FLAX & BORAGE
OMEGA-3-6-9
ESSENTIAL FATTY ACIDS**

Enteric Coated To Avoid Upset Stomach, Aftertaste & Reflux!

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.* One serving of 21ST Century's® Triple Omega Complex 3-6-9 provides 115 mg of EPA and DHA omega-3 fatty acids. (See supplement facts for total fat and saturated fat content.) These omega-3 fatty acids help maintain cholesterol levels which are within normal range.*

Directions: Take up to three (3) enteric coated softgels daily with any meal for maximum daily results, or as directed by a healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Artificial Flavors, Colors or Preservatives.

21ST Century HealthCare, Inc.

2119 S. Wilson Street, Tempe, AZ 85282 USA

www.21stcenturyvitamins.com



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DIETARY SUPPLEMENT

SUPER VALUE

ENTERIC COATED

**Triple Omega
Complex 3-6-9**

REFLUX FREE

**Omega-3 Fatty Acids May Reduce
The Risk Of Coronary Heart Disease***

180 Enteric Coated Softgels

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	% DV†
Calories	10
Calories from Fat	10
Total Fat	1 g 2%
Saturated Fat	< 0.25 g 1%
Cholesterol	3 mg 1%
Triple Omega Complex 3-6-9	1.2 g **
Fish Oil (omega-3)	400 mg **
Eicosapentaenoic Acid	70 mg **
Docosahexaenoic Acid	45 mg **
Flaxseed Oil	400 mg **
Alpha Linolenic Acid (omega-3)	200 mg **
Linoleic Acid (omega-6)	50 mg **
Oleic Acid (omega-9)	60 mg **
Borage Oil	400 mg **
Gamma Linolenic Acid (omega-6)	70 mg **
Linoleic Acid (omega-6)	125 mg **
Oleic Acid (omega-9)	55 mg **

† Daily Value (DV) based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Purified Water. Coating contains one or more of the following (Sodium Alginate, Stearic Acid, Ethylcellulose, Medium Chain Triglycerides, Oleic Acid, Polymethylacrylate, PEG, Talc, Vanillin). **Contains fish (herring, anchovy, mackerel, sardine, sprat, and salmon) ingredients.**

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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