

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.

*Your health & safety are our first priority!*

**No** Artificial Color, Flavor or Sweetener,  
**No** Preservatives, **No** Sugar, **No** Starch,  
**No** Milk, **No** Lactose, **No** Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **332**

[www.vitaminworld.com](http://www.vitaminworld.com)

**1-800-228-4533**

Carefully Manufactured by  
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**VITAMIN WORLD®**  
*get healthy.*

**TIMED RELEASE**

# Stress B Complex with C 500

**60**

Vegetarian Vitamin Supplement

COATED CAPLETS

**DIRECTIONS:** For adults, take one (1) caplet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Caplet

| Amount Per Serving                                                                                 | %Daily Value |        |
|----------------------------------------------------------------------------------------------------|--------------|--------|
| Vitamin C (as Ascorbic Acid)                                                                       | 500 mg       | 833%   |
| Thiamin<br>(Vitamin B-1) (as Thiamin Hydrochloride)                                                | 100 mg       | 6,667% |
| Riboflavin (Vitamin B-2)                                                                           | 100 mg       | 5,882% |
| Niacin (as Niacinamide)                                                                            | 100 mg       | 500%   |
| Vitamin B-6<br>(as Pyridoxine Hydrochloride)                                                       | 100 mg       | 5,000% |
| Folic Acid                                                                                         | 400 mcg      | 100%   |
| Vitamin B-12 (as Cyanocobalamin)                                                                   | 500 mcg      | 8,333% |
| Biotin (as d-Biotin)                                                                               | 50 mcg       | 17%    |
| Pantothenic Acid<br>(as d-Calcium Pantothenate)                                                    | 100 mg       | 1,000% |
| Choline Bitartrate                                                                                 | 50 mg        | *      |
| Inositol                                                                                           | 50 mg        | *      |
| PABA (Para-Aminobenzoic Acid)                                                                      | 50 mg        | *      |
| Citrus Bioflavonoids<br>(Citrus spp.) (fruit)                                                      | 50 mg        | *      |
| Proprietary Blend<br>(Brewer's Yeast, Soy Lecithin, Alfalfa, Watercress,<br>Rice Bran and Parsley) | 5 mg         | *      |

\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

Contains wheat and soy ingredients.