DIRECTIONS: As a dietary supplement, take contents of one pack daily with food Each pack contains:

200 mca

Ultra Mega® Green Women's

## Supplement Facts

Serving Size Two Dark Green Tablets		
Amount Per Serving	% Daily Value	
Vitamin A (as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin D (as Cholecalciferol)	1600 IU	400%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	250 mcg	4167%
Biotin	50 mcg	17%
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg	250%
Calcium (as Calcium Carbonate)	50 mg	5%
lodine (as Potassium lodide & Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	25 mg	6%
Zinc (as Zinc Oxide)	15 ma	100%

Selenium (as I - Selenomethionine)

wder (Triticum aestivum), Pygeum Bark Powder (Pygeum africanui

Rosemary Leaf Extract (Rosmarinum officinalis). Bilberry Fruit Extract

Green Tea Leaves Extract (Camellia sinensis). Silica. Lutemax 2020"

## Supplement Facts

Green Tea Leaves Extract (Camellia sinensis) (14% Polyphenols = 35 mg) Green Tea Leaves Extract (Camellia sinensis)

\* Daily Value not established

Artichoke Leaf Extract (Cynara scolymus). Milk Thistle Leaf Extract

Whole Apple Powder (Malus sylvestris), Blueberry Puree Powder (Vaccinium corvmbosum), Cherry Puree Powder (Prunus cerasus),

(Cucurbita pend). Serenga Repens Berries

Cranherry Juice Powder (Vaccinium macrocarnon). Pumnkin Seed Mea

| EFA Powder Blend 50 mg Flax Seed 0il Powder (*Linum usitatissimum*), Borage 0il Powder (*Borage* 

officinalis). Safflower Oil Powder (Carthamus tinctorius)

Amylase Protease 4.5 Linase Glucoamylase Protease 3.0 Bromelain Protegge 6 () Panain Collulage Malt diagtage

Fermented Soybean Powder (Glycine max). Black Bean Powder (Phaseous vulgaris), Garbanzo Bean Powder (Cicer arietinum), Kidney Rean Powder (Phaseous vulgaris)

25 mg 25 ma 15 mg 10 ma alpha Lipoic Acid Dat Bran Flour (Avena sativ 5 ma 5 mg 2 mg CereCalase™ Proprietary Blend

oron (as Hydrolyzed Protein Chelate & Roron Gluconate), 1 mg

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium

Hemicellulase, beta-gluconase, Phytase

Amylase, Cellulase, Protease, Linase

Dioxide (Natural Mineral Whitener), Chlorophyll. CONTAINS: Soybeans and Wheat.

Daily Value not established

# **Supplement Facts**

Daily Value not established.

Caramel Color, Ethyl Vanillin.

Whitener). Vegetable Acetoglycerides.

mount Per Servina Calcium (as Calcium Carbonate) 600 mg 60% tamin D (Cholecalciferol D\_3)

OTHER INGREDIENTS: Cellulose, Titanium Dioxide (Natural Mineral

ACTUAL SIZE

190 mca

Green Tea Complex

Amount Per Servina

(75% Polynhenols = 187.5 mg)(50% EGCG = 125 mg)

OTHER INGREDIENTS: Vegetable Cellulose Capsule, Cellulose,

ACTUAL SIZE

Cranberry Juice Concentrate

### Supplement Facts

mount Per Serving

anherry juice Concentrate (Vaccinium macrocarnon) 500 mg

Daily Value not established

OTHER INGREDIENTS: Gelatin, Cellulose



ACTUAL SIZE

### **GNC QUALITY COMMITMENT**

PA (Eicosapentaenoic Acid)(Omega-3) 215.7 mg

Percent Daily Value based on a 2 000 calorie diet

OTHER INGREDIENTS: Fish Body Oil, Borage Oil, Flax Seed Oil,

Gelatin, Glycerin, Olive Oil, Caramel Color, Natural Lemon Flavor,

Al A (alpha-Linolenic Acid)(Omega-3)

LA (gamma-Linolenic Acid)(Omega-6)

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations, Every raw material that goes into a GNC supplement is guaranteed as to quality and potency, Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back quarantee.

### **GNC GUARANTEE**

Use any GNC supplement for as little as 10 days, If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Amount Per Serving

Calories from Fat

for weight. Meets USP

### Lutemax Supplement Facts 'erving Size One Brown Soffgel Cansule ImniActive Health Technologies

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ACTUAL SIZE

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WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.

No Artificial Colors.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place

For more information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222

# **WOMEN'S**

ULTRA MEGA®

Dietary Supplement

WHOLE FOOD ENHANCED VITAPAK® PROGRAM FOR ALL WOMEN

 Green foods multivitamin formula with 2.000 IU of vitamin D-3

• Strengthens bones with 650 mg of calcium and clinically proven MBP®\*

 Promotes heart health with high potency Omega Complex\*

 Supports metabolism with green tea and urinary tract health with cranberry\*



### GNC ULTRA MEGA® GREEN WOMEN'S VITAPAK® PROGRAM

GNC Ultra Mega® Green Women's Vitapak® Program is a scientifically designed, convenient green foods enhanced nutritional program that combines essential vitamins and minerals with plant and whole food based ingredients to support the optimal health of women. Emerging research suggests that including green foods as part of a healthy nutritional plan can have a variety of health-enhancing effects and can help support overall wellness. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition for even the most demanding schedules

- Ultra Mega® Green Women's Multivitamin A green foods multivitamin designed specifically for women. This formula provides a superior blend of vitamins and minerals combined with essential antioxidants, enzymes, and phytonutrients found in green foods to help women achieve optimal health. It also provides 1,600 IU of vitamin D-3 to support breast and bone health.\* This premium multivitamin formula also includes a B vitamin complex to support energy production, as well as antioxidants for protection from harmful free radicals that can destroy healthy cells.
- Calcium & Vitamin D with MBP® A premium bone formula featuring 600 mg of calcium. 400 IU of vitamin D-3 and 40 mg of clinically studied MBP® Calcium is an important structural component of bone that helps maintain a healthy bone matrix. Vitamin D enhances calcium absorption. Emerging research indicates that adequate daily vitamin D intake may play a role in supporting breast, bone and immune health. Additional research indicates that MBP® supports the body's natural ability to build and maintain bone mass by supporting the body's bone building cells.\*
- Omega Complex A healthy blend of omega 3, 6 and 9 fatty acids per daily serving. This blend includes EPA and DHA, essential omega-3 fatty acids known to support brain and joint health." Daily supplementation of omega-3 fatty acids also provide numerous heart-health benefits.\* They help to maintain healthy cholesterol levels, are necessary in the maintenance of normal blood pressure and may reduce the risk of coronary heart disease.\* Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that although there is scientific evidence supporting the claim, the evidence is not conclusive.
- Standardized Green Tea Each pack supplies 125 mg of EGCG, a major active component of green tea that supports metabolism and an antioxidant that can promote cell health by helping fight off free radicals.\*
- Cranberry Supplies 500 mg of cranberry to support a healthy urinary tract.\*

These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.