

21ST
CENTURY®



10%
FREE

DIETARY SUPPLEMENT

Stress B

with Zinc

Compare Active Ingredients To
Stresstabs® +Zinc

66 ~~60~~ Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	500 mg 833%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU 100%
Thiamin (as Thiamin Mononitrate)	10 mg 667%
Riboflavin (Vitamin B-2)	10 mg 588%
Niacin (as Niacinamide)	100 mg 500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg 250%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	12 mcg 200%
Biotin	45 mcg 15%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 200%
Calcium (as Calcium Carbonate)	70 mg 7%
Zinc (as Zinc Oxide)	23.9 mg 160%
Copper (as Cupric Sulfate)	3 mg 150%
Percent Daily Value (DV).	

Other Ingredients: Starch, Stearic Acid, Cellulose, Croscarmellose Sodium, Silicon Dioxide, Titanium Dioxide, Magnesium Stearate, Artificial Colors (FD&C Yellow #6, FD&C Blue #2, FD&C Red #40).



21ST Century® ... for a healthier future.

Stress B with Zinc

Studies have shown that during periods of unusual physical stress, your body uses up more vitamins than normal. 21st Century's® Stress B with Zinc and multivitamins can help supplement your diet because they contain many of the vitamins your body can not store.

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Stresstabs® +Zinc is a registered trademark of Selfcare, Inc., Waltham, MA 02453

