21st Century's St. John's Wort Extract (Hypericum perforatum) is a perennial plant found in North America and used for many years as a calming herb. St. John's Wort Extract is guaranteed to contain .3% Hypericin by weight to promote the mind and body." 21st Century's standardized herbal extracts are thoroughly tested to assure specific levels of the important active ingredients are present for maximum benefit

Directions: Take up to two (2) vegetarian capsules daily with meals for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.

100% Vegetarian Formula



HERBAL EXTRACT

100% VEGETARIAN

COUNT

STANDARDIZED

St. John's Wort Extract

Maximum Strength Formula To Alleviate Mood Swings *

Dietary Supplement — 200 Vegetarian Capsules

Supplement Facts Serving Size: 1 Vegetarian Capsule

Servings Per Container: 200

Amount Per Serving

St. John's Wort Extract 300 mg *

% DV

standardized concentrate of Hypericum perforatum (leaf & flower) containing .3% Hypericin.

" Daily value (DV) not established.

Other Ingredients: Vegetable Cellulose, Rice Bran, Oat Fiber, Magnesium Silicate, Silicon Dioxide, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA www.21stcenturyvitamins.com





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