



**new
formula**

Sentry SENIOR

Multivitamin & Multimineral Supplement

For Active Adults 55+

A BETTER BALANCE
COMPLETE WITH
ALL **RDI** NUTRIENTS **

Compare Active Ingredients To
Centrum® SILVER®†

100 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV
Vitamin A (as Acetate & 40% as Beta Carotene) 2,500 I.U.	50%
Vitamin C (as Ascorbic Acid) 90 mg	150%
Vitamin D (as Cholecalciferol) 500 I.U.	125%
Vitamin E (as dl-alpha Tocopheryl Acetate) 50 I.U.	167%
Vitamin K (as Phytonadione) 30 mcg	38%
Thiamin (Thiamin Mononitrate, B1) 1.5 mg	100%
Riboflavin (Vitamin B2) 1.7 mg	100%
Niacin (as Niacinamide) 20 mg	100%
Vitamin B6 (as Pyridoxine HCl) 3 mg	150%
Folic Acid 500 mcg	125%
Vitamin B12 (as Cyanocobalamin) 25 mcg	417%
Biotin 30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%
Calcium (as Calcium Phosphate & Carbonate) 220 mg	22%
Phosphorus (as Calcium Phosphate) 110 mg	11%
Iodine (as Potassium Iodide) 150 mcg	100%
Magnesium (as Magnesium Oxide) 50 mg	13%

Amount Per Serving	% DV
Zinc (as Zinc Oxide) 11 mg	73%
Selenium (as Sodium Selenate) 55 mcg	79%
Copper (as Copper Sulfate) 0.9 mg	45%
Manganese (as Manganese Sulfate) 2.3 mg	115%
Chromium (as Chromium Picolinate) 45 mcg	38%
Molybdenum (as Sodium Molybdate) 45 mcg	60%
Chloride (as Potassium Chloride) 72 mg	2%
Potassium (as Potassium Chloride) 80 mg	2%
Boron (as Borates) 150 mcg	**
Nickel (as Nickelous Sulfate) 5 mcg	**
Silicon (as Silicon Dioxide) 2 mg	**
Vanadium (as Sodium Metavanadate) 10 mcg	**
Lycopene 300 mcg	**
Lutein 250 mcg	**

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Starch, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Titanium Dioxide, Magnesium Stearate, Artificial Colors (FD & C Blue #2, FD&C Yellow #6, FD&C Red #40).

† Centrum Silver® is a registered trademark of Wyeth Consumer Healthcare, Madison, NJ 07940

Directions: Adults take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. **Unconditionally guaranteed** for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors.

Important Information. Extended use of high levels of Vitamin A (excluding Beta Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

**Contains all nutrients with an RDI except iron.

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Made in U.S.A.

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