



**new
formula**

Sentry SENIOR

**Multivitamin & Multimineral Supplement
For Active Adults 55+**

Compare Active Ingredients To
Centrum® SILVER®†

A BETTER BALANCE
COMPLETE WITH
ALL **RDI** NUTRIENTS **

265 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Acetate & 40% as Beta Carotene) 2,500 I.U.	50%	Zinc (as Zinc Oxide) 11 mg	73%
Vitamin C (as Ascorbic Acid) 90 mg	150%	Selenium (as Sodium Selenate) 55 mcg	79%
Vitamin D (as Cholecalciferol) 500 I.U.	125%	Copper (as Copper Sulfate) 0.9 mg	45%
Vitamin E (as d-alpha Tocopheryl Acetate) 50 I.U.	167%	Manganese (as Manganese Sulfate) 2.3 mg	115%
Vitamin K (as Phytonadione) 30 mcg	38%	Chromium (as Chromium Picolinate) 45 mcg	38%
Thiamin (Thiamin Mononitrate, B1) 1.5 mg	100%	Molybdenum (as Sodium Molybdate) 45 mcg	60%
Riboflavin (Vitamin B2) 1.7 mg	100%	Chloride (as Potassium Chloride) 72 mg	2%
Niacin (as Niacinamide) 20 mg	100%	Potassium (as Potassium Chloride) 80 mg	2%
Vitamin B6 (as Pyridoxine HCl) 3 mg	150%		
Folic Acid 500 mcg	125%	Boron (as Borates) 150 mcg	**
Vitamin B12 (as Cyanocobalamin) 25 mcg	417%	Nickel (as Nickelous Sulfate) 5 mcg	**
Biotin 30 mcg	10%	Silicon (as Silicon Dioxide) 2 mg	**
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%	Vanadium (as Sodium Metavanadate) 10 mcg	**
Calcium (as Calcium Phosphate & Carbonate) 220 mg	22%	Lycopene 300 mcg	**
Phosphorus (as Calcium Phosphate) 110 mg	11%	Lutein 250 mcg	**
Iodine (as Potassium Iodide) 150 mcg	100%		
Magnesium (as Magnesium Oxide) 50 mg	13%		

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Starch, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Titanium Dioxide, Magnesium Stearate, Artificial Colors (FD & C Blue #2, FD&C Yellow #6, FD&C Red #40).

† Centrum Silver® is a registered trademark of Wyeth Consumer Healthcare, Madison, NJ 07940

Directions: Adults take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. **Unconditionally guaranteed** for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives, Artificial Flavors.

Important Information. Extended use of high levels of Vitamin A (excluding Beta Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

**Contains all nutrients with an RDI except iron.

21st Century HealthCare, Inc.

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Made in U.S.A.

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