DIRECTIONS: Take Greens Today® Joint Formula once or twice daily on an empty/light stomach. Pour 8-12 oz. of water, juice, soy, rice or almond milk into a shaker container. Add in portion recommended with enclosed measured scoop. Cover, shake well, and enjoy! Adults: 2 scoops. Children over 12: 1 scoop.

> This product is sold by weight, not volume; therefore, settling of contents may occur during shipping and handling.

> > We suggest you drink 6-8 glasses of pure water daily.

Greens Today® Joint Formula is an Unsurpassed, Advanced Phyto-Nutrient Rich Superfood which contains 72 uniquely combined nutraceutical ingredients plus Glucosamine, MSM. Chondroitin, Cat's Claw, Boswellin, Curcumin, Poly-Nag and so much more! Greens Today® Joint Formula includes: Powerful Antioxidants, Digestive Enzymes, Plant Fibers, Probiotics, FOS. Essential Amino Acids. Standardized Herbal Extracts. Plant Sterols, Nulceic Acids. Nutrient Co-Factors, Cell Pigments, naturally occurring Whole Food Source Vitamins & Macro and Trace Minerals that work synergistically to provide optimally balanced nutritional support from enzymatically active and alive foods instead of synthetically made vitamin pills.

Greens Today® Joint Formula is designed specifically to help strengthen cartiliage, connective tissues, maintain healthy joint functions, helps to alleviate aches and pains associated with daily life, & to help support those who want a Health Promoting, Energizing, Cleansing, Immune Enhancing, Alkaline Promoting, Complete Nutritional Supplement.

Greens Today® Joint Formula contains: No dairy, no wheat, no artificial color, no artificial flavors, no synthetic chemicals, no preservatives, no MSG, no lactose, no sucrose. no dextrose, no egg, no cholesterol, no yeast, and no added salt.

## **REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!**

the Risk o Heart

"3 grams of oat bran soluble fiber daily, in a diet low in saturated fat and cholesterol, may reduce the risk of heart disease." Greens Today Joint Formula contains 3 grams of oat bran soluble fiber per serving

DISCLAIMER: These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.

## THE WORLD'S MOST POWERFUL SUPERFOOD $^{\scriptscriptstyle{\mathsf{T}}}$

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27409 Rev. 12/09



## Superfood Ingredients (Formulated with Organically Grown Spirulina) A proprietary formula containing in each 17 gram serving, the following:

Supplement Facts Serving Size: 2 scoops (30g/1,06 gz) Servings Per Container: 15

Pe	Amount er Serving	% Daily Value
Calories	65	
Calories from fat	5	
Total Fat	<1 g	<2%
Total Carbohydrates	10 g	3%
Dietary Fiber	5 g	20%
Sugars	5 g	*
Protein	4 g	8%
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as ascorbic acid, sodium ascorbate	100 mg	167%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Natural Vitamin E (as mixed tocopherols	3) 200 IU	667%
Vitamin B1 (as thiamine)	3 mg	200%
Vitamin B2 (as riboflavin)	2 mg	118%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCI)	5 mg	250%
Folic Acid	400 mc	g 100%
Vitamin B12 (as cyanocobalamin)	25 mc	g 417%
Biotin	300 mc	g 100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as carbonate, citrate, malate	) 625 mg	63%
Iron (as ferrous gluconate)	4.5 mg	25%
Phosphorus	50 mg	5%
lodine (as kelp)	150 mc	g 100%
Magnesium (as magnesium citrate)	250 mg	63%
Zinc (as zinc glyconate)	15 mg	100%
Selenium (as L-Selenomethionine)	70 mc	g 100%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese chelate1)	2 mg	100%
Chromium (as chromium picolinate)	250 mc	g 208%
Molybdenum (as molybdate chelate1)	75 mc	
Sodium	120 mg	5%
Potassium (as potassium citrate)	375 mg	11%
Oat Bran Concentrate	3000 mg	
Glucosamine Sulfate 2KCl	2575 mg	*

		% Daily	Earthrise Spirulina <sup>2</sup>	1600 mg	
Pe	r Serving	Value	Soy Lecithin (95% phosphatides)	1400 mg	
	65		Apple Fiber (as pectin/cellulose)	1000 mg	
	5		Hydrolyzed Collagen	1000 mg	
	<1 g	<2%	MSM (methyl-sulfonyl-sulfate)	1000 mg	_
i	10 g	3%	Jerusalem Artichoke	750 mg	_
	5 g	20%	Chondroitin Sulfate	500 mg	
	5 g	*	Probiotics <sup>3</sup> :		
	4 g	8%	Lactobacillus Acidophilus Lactobacillus Bulgaricus	250 mil 250 mil	
rotene)	5000 IU	100%	Lactopacinus bulgaricus Lactospore® (B. coagulans) <sup>5</sup>	250 IIII 250 mil	
	100 ma	167%	Bifidobacterium Bifidus	250 mil	
odium ascorbate			Alfalfa Grass	350 mg	_
calciferol)	400 IU	100%	Barley Grass	350 mg	_
mixed tocopherols		667%	Brown Rice Bran	350 mg	_
ine)	3 mg	200%	Carob	350 mg	-
ıvin)	2 mg	118%	Flax Seed Meal	350 mg	-
le)	20 mg	100%	Wheat Grass	350 mg	_
xine HCI)	5 mg	250%	Chlorella (cracked cell-wall)	300 mg	-
	400 mcg		Evening Primrose Oil	250 mg	-
ocobalamin)	25 mcg		FOS (fructo-oligosaccharides)	250 mg	_
	300 mcg		Devil's Claw Root Powder	200 mg	_
	10 mg	100%	Acerola Berry Juice	150 mg	-
nenate)			Red Beet Juice	125 mg	_
e, citrate, malate)		63%	Wild Rose Hips	125 mg	_
nate)	4.5 mg	25%	Boswellin® Extract	100 mg	
	50 mg	5%	(std. for 65% boswellic acid)		
	150 mcg		Feverfew Leaf Extract	100 mg	
nesium citrate)	250 mg	63%	(std. for 0.7% partheolide)	100	_
te)	15 mg	100%	Licorice Root Powder	100 mg	_
omethionine)	70 mcg	100%	Spinach Leaf Powder	100 mg	_
uconate)	2 mg	100%	White Willow Bark	100 mg	_
janese chelate1)	2 mg	100%	Eleuthero Senticosus Root	80 mg	_
ium picolinate)	250 mcg	208%	Plant Based Digestive Enzymes (Protease, Amylase, Lipase, Cellulase,	75 mg	
ybdate chelate1)	75 mcg		Lactase, Bromelain, Papain)		
	120 mg	5%	Astragalus Membranaceus Root	50 mg	_
ium citrate)	375 mg	11%	Bromelain (2000 GDU)	50 mg	_
1	3000 mg	*	Cats Claw Root Extract	50 mg	-
2KCI	2575 mg	*	Cholestatin®6	50 mg	_
				. ,	

*	Curcumin	50	mg
*	Ginger Root Extract	50	mg
*	Grape Seed Extract	50	mg
	(std. for 90% polyphenols)		
*	Poly-Nag®4 (n-acetyl glucosamine)	50	mg
*	Royal Jelly (6% 10-hydroxy-2-decenoic acid)		mg
*	Dandelion Root Powder	35	mg
	Fo-Ti Root (Ho Shou Wu)	35	mg
*	Hawthorn Berry 4:1 Extract	35	mg
*	Milk Thistle Seed Extract (std. for 80% silymarin)	35	mg
*	Pau d'Arco Powder	35	mg
*	Red Dulse Powder	35	mg
*	Burdock Root Powder	25	mg
*	Echinacea Angustifolia Root Extract	25	mg
*	(std. for 4% echinacosides)		
*	Ginger Root Powder		mg
	Reishi Mushroom		mg
*	Silica		mg
*	Slippery Elm Bark Extract		mg
*	Spanish Bee Pollen		mg
*	ALA (Alpha-Lipoic Acid)		mg
*	Bilberry Extract (std. for 25% anthocyanosides)		mg
*	Ginkgo Biloba (std. for 24% ginkgo		mg
*	flavonoid glycosides & 6% terpene lactones		
*	Horsetail Herb Extract (std. for 7% silicic acid/silica)	10	mg
	Japanese Green Tea Leaf	10	mg
*	Maitake Mushroom		mg
	Norwegian Sea Kelp		mg
*	Pine Bark Extract		
*	Shiitake Mushroom		mg mg
*			
	CoQ10 (co-enzyme) Octacosanol		mg
*			mg
	Other Ingredients: Carrot Kale Tomato Brocco	ıli &	Che

%Percent Daily Values are based on a 2,000 calorie diet. Contains Sov.

<sup>1</sup>Chelate - A process that protects the minerals from chemical reaction, and detoxifying properties. <sup>2</sup>Registered trademark of Earthrise Co.

<sup>3</sup>Probiotics are Dairy-Free: Lactospore® is a registered trademark of Sabinsa.

<sup>4</sup>Poly-Nag® is a registered trademark of Lescarden. <sup>5</sup>Registered trademark of Sabinsa.

6Cholestatin® is a registered trademark of Traco Labs. [Cholestatin® is a rich source of beta sitosterol]





