DIRECTIONS: Take Greens Today® Joint Formula once or twice daily on an empty/light stomach. Pour 8-12 oz. of water, juice, soy, rice or almond milk into a shaker container. Add in portion recommended with enclosed measured scoop. Cover, shake well, and enjoy! Adults: 2 scoops. Children over 12: 1 scoop.

Greens Today® Joint Formula is an Unsurpassed, Advanced Phyto-Nutrient Rich Superfood which contains 72 uniquely combined nutraceutical ingredients *plus* Glucosamine, MSM, Chondroitin, Cat's Claw, Boswellin, Curcumin, Poly-Nag and so much more! **Greens Today® Joint Formula** includes: Powerful Antioxidants. Digestive Enzymes, Plant Fibers, Probiotics, FOS, Essential Amino Acids, Standardized Herbal Extracts, Plant Sterols, Nulceic Acids, Nutrient Co-Factors, Cell Pigments, naturally occurring Whole Food Source Vitamins & Macro and Trace Minerals that work synergistically to provide optimally balanced nutritional support from enzymatically active and alive foods instead of synthetically made vitamin pills. DRINK YOUR VITAMINSI™

Greens Today® Joint Formula is designed specifically to help strengthen cartillage, connective tissues, maintain healthy joint functions, helps to alleviate aches and pains associated with daily life, & to help support those who want a Health Promoting, Energizing, Cleansing, Immune Enhancing, Alkaline Promoting, Complete Nutritional

Greens Today® Joint Formula contains: No dairy, no wheat, no artificial color, no artificial flavors, no synthetic chemicals, no preservatives, no MSG, no lactose, no sucrose, no dextrose, no egg, no cholesterol, no yeast, and no added salt

DISCLAIMER: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease "3 grams of oat bran soluble fiber daily, in a diet low in saturated fat and cholesterol, may reduce the risk of heart disease." Greens Today Joint Formula contains 3 grams per serving.

This product is sold by weight, not volume: therefore, settling of contents may occur during shipping and handling

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27410 Rev. 12/09



Superfood Ingredients (Formulated with Organically Grown Spirulina) A proprietary formula containing in each 30 gram serving, the following:

Amount % Daily Calcium (as carbonate 625 mg 63% Hydrolyzed Collage

Supplement Facts Serving Size: 2 scoops (30g/1.06 oz) Servings Per Container: 5

	Per Serving	Value	citrate, malate) MSM (methyl-sulfonyl-sulfate) 1
Calories	65		Iron (as ferrous gluconate) 4.5 mg 25% Jerusalem Artichoke
Calories from fat	5		Phosphorus 50 mg 5% Chondroitin Sulfate
Total Fat	<1 g	<2%	lodine (as kelp) 150 mcg 100% Probiotics ³ :
Total Carbohydrates	10 g	3%	Magnesium 250 mg 63% Lactobacillus Acidophilus (as magnesium citrate) Lactobacillus Bulgaricus
Dietary Fiber	5 g	20%	Zinc (as zinc glyconate) 15 mg 100% Lactospore® (B. coagulans)5
Sugars	5 g	-	Solonium 70 mcg 100% Britdobacterium Britdus
Protein	4 g	8%	(as L-Selenomethionine) Alfalfa Grass
Vitamin A (as beta caroten		4000/	Copper 2 mg 100% Barley Grass
			(as copper gluconate) Brown Rice Bran
Vitamin C (as ascorbic (acid. sodium ascorbate	100 mg	167%	Manganese 2 mg 100% Carob (as manganese chelate ¹) Flay Seed Meal
Vitamin D3	400 IU	100%	
(as cholecalciferol)			Chromium 250 mcg 208% Wheat Grass (as chromium picolinate)
Natural Vitamin E	200 IU	667%	Molybdonum 76 meg. 100% Unioreila (cracked cell-Wall)
(as mixed tocopherols)			(as molybdate chelate1) Evening Primrose Oil
Vitamin B1 (as thiamine)		200%	Sodium 120 mg 5% FOS (fructo-oligosaccharides)
Vitamin B2 (as riboflavin)		118%	Potassium 375 mg 11% Devil's Claw Root Powder
Niacin (as niacinamide)	20 mg		(as potassium citrate) Acerola Berry Juice
Vitamin B6 (as pyridoxine	HCI) 5 mg	250%	Oat Bran Concentrate 3000 mg * Red Beet Juice
Folic Acid	400 mcg	100%	Glucosamine Sulfate 2KCl 2575 mg * Wild Rose Hips
Vitamin B12 (as cyanocobalamin)	25 mcg	417%	Earthrise Spirulina ² 1600 mg * Boswellin® Extract (std. for 65% boswellic acid)
Biotin	300 mcg	100%	Soy Lecithin (95% phosphatides) 1400 mg * Feverfew Leaf Extract
Pantothenic Acid	10 mg	100%	Apple Fiber 1000 mg * (std. for 0.7% partheolide)
(as calcium pantothena	te)		(as pectin/cellulose) Licorice Root Powder

White Willow Bark	100 mg		Reishi Mushroom
Eleuthero Senticosus Root	80 mg	•	Silica
Plant Based Digestive Enzymes	75 mg	-	Slippery Elm Bark Extrac
(Protease, Amylase, Lipase, Cellula Lactase, Bromelain, Papain)	ise,		Spanish Bee Pollen
Astragalus Membranaceus Roo	+ 60 ma	-	ALA (Alpha-Lipoic Acid)
Bromelain (2000 GDU)	50 mg	-	Bilberry Extract
Cats Claw Root Extract	50 mg	-	(std. for 25% anthocya
Cholestatin®6	50 mg	-	Ginkgo Biloba (std. for 24% flavonoid glycosides & 69
Curcumin	50 mg	*	Horsetail Herb Extract
Ginger Root Extract	50 mg	*	(std. for 7% silicic acid
Grape Seed Extract	50 mg	*	Japanese Green Tea Lea
(std. for 90% polyphenols)			Maitake Mushroom
Poly-Nag®4 (n-acetyl glucosamine)	50 mg	-	Norwegian Sea Kelp

Natural French Vanilla Flavor

oQ10 (co-enzyme)

2.000 calorie diet.

Tamper proof outer seal. Do not use if broken or removed

Other Ingredients: Carrot Kale Tomato

Registered trademark of Earthrise Co. ³Probiotics are Dairy-Free; Lactospore[®] is a registered trademark of Sabinsa.
⁴Poly-Nag[®] is a registered trademark of Lescarden.

Registered trademark of Sabinsa 6Cholestatin® is a registered trademark of Traco Labs. [Cholestatin® is a rich source of beta sitosterol]



awthorn Rerry 4-1 Extract

Milk Thietle Seed Extract

