

21ST
CENTURY®



DIETARY SUPPLEMENT

PreNatal

Compare Active Ingredients
to Stuart Prenatal®†

60 Tablets

Before, During
& After

DIRECTIONS: As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No added Sugar, Salt, Yeast, Preservatives.

Gluten Free.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV**
Vitamin A (100% as Beta Carotene)	4000 I.U.	50%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as Cholecalciferol)	400 I.U.	100%
Vitamin E (d-alpha Tocopheryl Acetate)	30 I.U.	100%
Thiamin (as Thiamin Mononitrate)	1.8 mg	106%
Riboflavin (B-2)	1.7 mg	85%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B-12	8 mcg	100%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	28 mg	156%
Zinc (as Zinc Oxide)	25 mg	167%

** Percent Daily Value (DV) for Pregnant and Lactating Women.

Other Ingredients: Starch, Cellulose, Stearic Acid, Croscarmellose Sodium, Titanium Dioxide, Silicon Dioxide, Magnesium Stearate, Artificial Colors (FD&C Red #40, FD&C Yellow #6, FD&C Blue #2).



21ST Century® ... for a healthier future.

PreNatal

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21st Century's® PreNatal contains 800 mcg of Folic Acid (200% daily value) and will provide vitamin and mineral supplementation throughout pregnancy and during postnatal period for both lactating and nonlactating mothers. 0405

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

† Stuart Prenatal® is a registered trademark of Wyeth Laboratories, Inc., A Wyeth Ayerst Company, Philadelphia, PA 19101

