

# 21<sup>ST</sup> CENTURY<sup>®</sup>



## DIETARY SUPPLEMENT

# One Daily Women's

**Specially  
Formulated**

Compare Active Ingredients To  
One-A-Day<sup>®</sup> Women's<sup>†</sup>

## 100 Tablets

**DIRECTIONS:** As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by a healthcare provider. Do not exceed recommended dosage.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Sugar, Salt, Yeast, Preservatives or Artificial Flavors.

**21<sup>ST</sup> Century HealthCare, Inc.**  
2119 S. Wilson Street, Tempe, AZ 85282 USA  
www.21stcenturyvitamins.com



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21st Century's<sup>®</sup> One Daily Women's is a multivitamin that helps neutralize free radicals and is complete with 21 essential vitamins and minerals.\*

*Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<sup>†</sup> One-A-Day<sup>®</sup> Women's is a registered trademark of Bayer Corporation, Morristown, NJ 07960



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## One Daily Women's

### Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Acetate and 20% as Beta Carotene)	2,500 I.U. 50%	Biotin	30 mcg 10%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Pantothenic Acid (as D-Calcium Pantothenate)	5 mg 50%
Vitamin D (as Cholecalciferol)	800 I.U. 200%	Calcium (as Calcium Carbonate)	450 mg 45%
Vitamin E (d-alpha Tocopheryl Acetate)	30 I.U. 100%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin K (as Phytanadione)	25 mcg 31%	Magnesium (as Magnesium Oxide)	50 mg 13%
Thiamin (as Thiamin Mononitrate)	1.5 mg 100%	Zinc (as Zinc Oxide)	15 mg 100%
Riboflavin	1.7 mg 100%	Selenium (as Sodium Selenate)	20 mcg 29%
Niacin (as Niacinamide)	10 mg 50%	Copper (as Copper Sulfate)	2 mg 100%
Vitamin B6 (as Pyridoxine HCl)	2 mg 100%	Manganese (as Manganese Sulfate)	2 mg 100%
Folic Acid	400 mcg 100%	Chromium (as Chromium Chloride)	120 mcg 100%
Vitamin B12 (as Cyanocobalamin)	6 mcg 100%		

Percent Daily Value (DV).

Other Ingredients: Cellulose, Starch, Croscarmellose Sodium, Stearic Acid, Titanium Dioxide, Magnesium Stearate, Artificial Colors (FD&C Yellow #5, FD&C Yellow #6). 0807