

21ST CENTURY®



DIETARY SUPPLEMENT

WITH POLICOSANOL

One Daily Cholesterol Health™

Compare Active Ingredients
To One-A-Day® Cholesterol Plus†

100 Tablets

DIRECTIONS: As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by a healthcare provider.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Sugar, Salt, Yeast, Preservatives, Artificial Flavors.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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21st Century's® One Daily Cholesterol Health™ is a complete multivitamin with Policosanol that helps maintain healthy cholesterol and blood pressure levels already within the normal range.*

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† One-A-Day® Cholesterol Plus is a registered trademark of Bayer Corporation, Morristown, NJ 07960



One Daily Cholesterol Health™

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (30% as Beta Carotene) 2,500 I.U.	50%	Iodine (from Potassium Iodide) 150 mcg	100%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Magnesium (from Magnesium Oxide) 100 mg	25%
Vitamin D (as Cholecalciferol) 400 I.U.	100%	Zinc (from Zinc Oxide) 15 mg	100%
Vitamin E (dl-alpha Tocopheryl Acetate) 30 I.U.	100%	Selenium (from Sodium Selenate) 70 mcg	100%
Thiamin Mononitrate (B1) 1.5 mg	100%	Copper (from Copper Oxide) 2 mg	100%
Riboflavin (B2) 1.7 mg	100%	Manganese (from Manganese Sulfate) 2 mg	100%
Niacin (as Niacinamide) 20 mg	100%	Chromium (from Chromium Chloride) 120 mcg	100%
Vitamin B6 (as Pyridoxine HCl) 2 mg	100%	Molybdenum (from Sodium Molybdate) 75 mcg	100%
Folic Acid 400 mcg	100%	Potassium (from Potassium Chloride) 99 mg	3%
Vitamin B12 (as Cyanocobalamin) 6 mcg	100%	Boron (as Sodium Borate) 150 mcg	**
Biotin 50 mcg	17%	Policosanol (Saccharum officinarum, L.) 10 mg	**
Pantothenic Acid (as Calcium Pantothenate) 10 mg	100%		
Calcium (from Calcium Carbonate) 100 mg	10%		

Percent Daily Value (DV).
** Daily Values not established

Other Ingredients: Di Calcium Phosphate, Starch, Croscarmellose Sodium, Stearic Acid, Cellulose, Silicon Dioxide, Magnesium Stearate. 0805