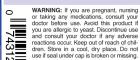
Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. Your health & safety are our first priority!

No Artificial Color or Flavor. No Preservatives. No Sugar, No Milk, No Lactose, No Soy, No Fish. Sodium Free.



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Vegetarian Vitamin Supplement





B-Complex and B-12

Promotes Energy Metabolism* Supports Heart Health*

TABLETS

DIRECTIONS: For adults, take one (1) to six (6) tablets daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet Amount Per Serving %Daily Value Thiamin (Vitamin B-1) 7 ma (as Thiamin Hydrochloride and Brewer's Yeast) Riboflavin (Vitamin B-2) 14 ma 824%

(as Riboflavin and Brewer's Yeast) 23% Niacin 4.5 mg (as Niacin and Brewer's Yeast)

417%

25 mcg (as Cyanocobalamin and Brewer's Yeast)

Protease (as Papain Powder) 10 mg **Daily Value not established.

Other Ingredients: Dicalcium Phosphate. Vegetable Cellulose, Vegetable Stearic Acid, Croscarmellose, Silica, Mannitol, Vegetable Magnesium Stearate.

Contains wheat ingredients.

Vitamin R-12

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose treat cure or prevent any disease