ULTRA MEGA GREEN **MEN'S 50 PLUS**

Dietary Supplement

WHOLE FOOD ENHANCED VITAPAK® PROGRAM FOR MEN OVER 50

· Green foods multivitamin formula with 1,600 IU of vitamin D-3

health with ginkgo biloba* Promotes heart health with high potency Omega Complex*

• Lowers LDL (bad) cholesterol with 800 mg of phytosterols*



30 Packs

Supports memory function and brain

DIRECTIONS: As a dietary supplement, take contents of one pack daily with food Each pack contains:

Ultra Mega® Green Men's 50 Plus

Supplement	Fac	te	Amount Per Serving	% Daily
Serving Size Two Dark Green Caplets			Fruit Blend 75 mg Whole Apple Powder (Malus pumila), Blueberry Puree Powder (Vac corymbosum), Cherry Puree Powder (Prunus cerasus), Cranberry J	
Amount Per Serving		-	Powder (Vaccinium macrocarpori)	
Vitamin A (as Retinyl Acetate)	5000 IU	100%	Liver Health Blend	49 mg
Vitamin C (as Ascorbic Acid)	500 mg	833%	Artichoke Leaf Extract (Cynara scolymus), Milk Thistle Seed Extract (Silvbum marianum)	
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%	Table 1 Control of the Control of th	48 mg
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	30 IU	100%	Amylase, Protease 4.5, Lipase, Glucoamylase, Protease 3.0, Bromelain, Protease 6.0, Papain, Cellulase, Malt diastase	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg	1667%		
Riboflavin (Vitamin B-2)	25 mg	1471%	Bean Blend	10 mg
Niacin (as Niacinamide)	25 mg	125%	Fermented Soybean Powder (Glycine max), Black Bean Powder (Ph vulgaris), Garbanzo Bean Powder (Cicer arietinum), Kidney Bean P (Phaseous ulgaris)	
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1250%		
Folic Acid	400 mcg	100%	Prostate Health Blend 120 mg Pygeum Bark Powder (<i>Pygeum africanum</i>), Pumpkin Seed Meal (Cucurbita pepo), Saw Palmetto Berries (<i>Serenoa repens</i>)	
Vitamin B-12 (as Cyanocobalamin)	250 mcg	4167%		
Biotin	50 mcg	17%		
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg	250%	para-Aminobenzoic Acid	50 mg
Calcium (as Calcium Carbonate)	50 mg	5%	Choline Bitartrate	25 mg
lodine (as Potassium lodide & Kelp)	150 mcg	100%	Inositol	25 mg
Magnesium (as Magnesium Oxide)	25 mg	6%	N-Acetyl-L-Cysteine	15 mg
Zinc (as Zinc Oxide)	15 mg	100%	alpha-Lipoic Acid	10 mg
Selenium (as L-Selenomethionine)	200 mcg	286%	L-Glutathione	5 mg
Copper (as Cupric Oxide & Hydrolyzed Protein Chelate	2 mg	100%	Lutemax 2020™ Lutein	4 mg
Manganese (as Hydrolyzed Protein Chelate)	2 mg	100%	CereCalase® Proprietary Blend Hemicellulase, beta-gluconase, Phytase	2 mg
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%		
Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg	100%	Digestive Enzyme Blend Amylase, Cellulase, Protease, Lipase	1 mg
Greens Blend 360 mg 360 mg 8 Barley Grass Powder (<i>Hordeum vulgare</i>), Alfalfa Juice Powder (<i>Medicago sativa</i>), Chlorella Powder (<i>Chlorella vulgaris</i>), Spirulina Powder (<i>Spirulina platensis</i>), Kelp Powder (<i>Ascophyllum nodosum</i>), Wheat Grass Juice Powder (<i>Thicum aesthyum</i>)			Boron (as Hydrolyzed Protein Chelate & Boron Gluconate)	1 mg
			Silica	1 mg
			Lycopene	1 mg
Healthy Aging Antioxidant Blend	100 mg	-	Zeaxanthin	800 mcg
Green Tag Legues Extract (Camallia cinancia) Eldert			A STATE OF THE STA	

t Powder (Curcuma Jonga), Quercetin Dihydrate, Resveratrol (from

rt Heiartn Biend Jape Seed Extract (Vitis vinifera), Oat Bran Flour (Avena sativa), awthorn Leaf & Flower Extract (Crataegus pinnatifida), Flax Seed Oil awder (Linum usitatissimum), Borage Oil Powder (Borage officinalis),

OTHER INGREDIENTS: Cellulose Venetab oxide (Natural Mineral Whitener), Chlorophyll, CONTAINS: Soybeans and Wheat,

orms to USP <2091> for weight

Ginkgo Biloba

Supplement Facts 74% Ginkgo Flavonglycosides = 28.8 mg) % Terpene Lactones = 7.2 mg) OTHER INGREDIENTS: Dicalci Potency verified by GNC

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CardioAid™ Phytosterols Supplement Facts

OTHER INGREDIENTS: Calcium Carbonate, Cellulose, Corn Starch nium Dioxide (Natural Mi Conforms to USP <2091> for weight. Meets USP <2040> ACTUAL SIZE

Saw Palmetto **Supplement Facts**

Daily Value not established

Conforms to USP <2091> for

Omega Complex

Supplement Facts

OTHER INGREDIENTS: Fish Body Oil, Borage Oil, Flax Seed Oil Conforms to USP <2091> for weight. Meets USP <2040>



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ULTRA MEGA GREEN MEN'S 50 PLUS

Dietary Supplement

Omega Complex*

WHOLE FOOD ENHANCED VITAPAK® PROGRAM FOR MEN OVER 50

· Green foods multivitamin formula with 1,600 IU of vitamin D-3

 Supports memory function and brain health with ginkgo biloba* Promotes heart health with high potency

· Lowers LDL (bad) cholesterol with 800 mg of phytosterols*



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GNC ULTRA MEGA® GREEN MEN'S 50 PLUS VITAPAK® PROGRAM

GNC Ultra Mega® Green Men's 50 Plus Vítapak® Program is a convenient green foods enhanced nutritional program that combines essential vitamins and minerals with plant and whole food based ingredients to support the optimal health of older men. Emerging research suggests that including green foods as part of a healthy nutritional plan can have a variety of health-enhancing effects and can . Nelp support overall wellness. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition essential to address the factors of aging.

- Ultra Mega® Green Men's 50 Plus Multivitamin A green foods multivitamin designed specifically
 for older men featuring a superior blend of vitamins, minerals and natural nutrients to support a
 variety of men's health needs. This formula contains blends of antioxidants and natural nutrients to support heart and digestive health and promote overall immune functions, as well as a prostate health blend including lycopene, saw palmetto and selenium to support healthy prostate function. It also contains 1,600 IÚ of vitamin D-3 to support colon and bone health.* Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon health.*
- Standardized Ginkgo Biloba A natural herb that helps support increased peripheral blood flow and mental sharpness.* Each daily serving provides 120 mg of ginkgo biloba.
- Omega Complex A healthy blend of omega 3, 6 and 9 fatty acids per daily serving. This blend includes EPA and DHA, essential omega-3 fatty acids known to support brain and joint health.* Daily supplementation of omega-3 fatty acids also provide numerous heart-health benefits.* They help to maintain healthy cholesterol levels, are necessary in the maintenance of normal blood pressure and may reduce the risk of coronary heart disease.* Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.
- CardioAid™ Phytosterols Natural plant compounds found in fruits and vegetables that help block cholesterol absorption. Plant phytosterols are clinically shown to reduce cholesterol levels and may reduce the risk of heart disease. *Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total of at least 800 mg, as part of a healthy diet low in saturated fat and cholesterol may reduce the risk of heart disease. Each daily serving supplies 800 mg of CardioAid™ phytosterols.
- Standardized Saw Palmetto A natural herb that supports healthy prostate function and normal urinary flow. Each daily serving provides 160 mg of saw palmetto berries extract.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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