**DIRECTIONS:** As a dietary supplement, take contents of one pack daily with food. Each pack contains:

60 mg

25 ma

15 mg

2 mg

75 mca

150 mca 1

Ultra Mega® Green Women's 50 Plus

## CILID ID COM ON FOOTS Amount Per Serving

Amount Per Serving	% Da	ily Value
Vitamin A (as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	250 mcg	4167%
Biotin	50 mcg	17%
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg	250%

alcium (as Calcium Carbonate

Magnesium (as Magnesium Oxide

Selenium (as L-Selenomethionine)

nc (as Zinc Oxide)

odine (as Potassium Iodide & Kelo)

Barley Grass Powder (Hordeum vulgare), Alfalfa Juice Powder (Media sativa). Chlorella Powder (Chlorella vulgaris). Spirulina Powder (Spirulin platensis). Kelo Powder (Ascophyllum nodosum). Wheat Grass Juice

opper (as Cupric Oxide & Hydrolyzed Protein Chelate) 2 mg

methane) Horsetail Rush Stems (Fauisteum arvense), 1 -Cysteine Green Tea Leaves Extract (Camellia sinensis), Elderberry Fruit Powde

Sambucus nigra). Bilberry Fruit Powder (Vaccinium myrtillus). Resveratrol (from Polygonum cuspidatum Root Extract)

Powder (Linum usitatissimum), Borage Oil Powder (Borage officinalis

Broccoli Juice Powder (Brassica oleracea), Carrot Root Juice Powder Daucus carota), Spinach Juice Powder (Spinacia oleracea), Beet Root oleracea), Cauliflower Sprouts Powder (Brassica oleracea), Tomato Past Powder (I voonersioon esculentum)

Amount Per Serving

Ginkgo biloba Leaf Extract

(6% Terpene Lactones = 7.2 mg)

\* Daily Value not established.

Whole Apple Powder (Malus sylvestris), Blueberry Puree Powder (Vaccinium corvmbosum), Cherry Puree Powder (Prunus cerasus), Cranherry Juice Powder (Vaccinium macrocarport

Liver & Urinary Tract Health Blend Artichoke Leaf Extract (Cvnara scolymus), Milk Thistle Leaf Extract (Silvhum marianum). Cranberry Juice Powder (Vaccinium macrocarno Amylase, Protease 4.5, Lipase, Glucoamylase, Protease 3.0

Bromelain, Protease 6.0, Papain, Cellulase, Malt diastase Cellulose Cansule Potency verified by GNC procedure Fermented Sovbean Powder (Glycine max), Black Bean Powder #5000 Conforms to USP < 2091 > (Phaseous vulgaris). Garbanzo Bean Powder (Cicer arietinum). for weight, Meets USP <2040> Kidney Bean Powder (Phaseous vulgaris)

Broccoli Sprouts Powder (Brassica pleracea). Soy Isoflavones. 50 ma 25 mg 25 mg N\_Acetyl\_l \_Cysteine 15 ma alpha-Lipoic Acid 10 mg 5 mg 200 mca 286 utemay 2020™ Lutein 4 ma eCalase® Proprietary Blenc 2 ma Hemicellulase heta-duconase Phytase

n (as Hydrolyzed Protein Chelate & Boron Gluconate), 1 mg

disintegration.

mylase Cellulase Protease Linase

Daily Value not established. THER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium

Dioxide (Natural Mineral Whitener), Chlorophyll.

you are pregnant, nursing, taking medication or have a medical ondition. Discontinue use two weeks prior to surgery.



## **Supplement Facts**

Oleic Acid (Omega-9)

OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose, Vegetable

### CardioAid™ Phytosterols

(24% Ginkoo Flavonglycosides = 28.8 mg)

**Supplement Facts** 

Amount Per Serving CardinAid™ Phytosterols

Serving Size One White Canle

OTHER INGREDIENTS: Calcium Carbonate, Cellulose, Corn Starch Titanium Dioxide (Natural Mineral Whitener), Vegetable

Conforms to USP <2091> for weight Meets USP < 2040>

# **Supplement Facts**

800 mcg

1 ma

ing size one beige capier			
ount Per Serving	% Daily Value		
ium (as Calcium Carbonate)	600 mg 60%		
nin D (Cholecalciferol D-3)	400 JU 100%		
10	40 mg *		
silv Valua net established			

OTHER INGREDIENTS: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

ACTUAL SIZE

ACTUAL SIZE

Omega Complex

## Supplement Facts

ount Per Serving		% Daily Value
ories	10	
alories from Fat	10	
al Fat	1 g	2%†
(Eicosapentaenoic Acid)(Omega-3)	215.7 mg	
(alpha-Linolenic Acid)(Omega-3)	125 mg	*
A (Docosahexaenoic Acid)(Omega-3)	84.4 mg	
(gamma-Linolenic Acid)(Omega-6)	60 mg	*

Percent Daily Value based on a 2,000 calorie diet.

### OTHER INGREDIENTS: Fish Body Oil, Borage Oil, Flax Seed Oil,

for weight. Meets USP





Gelatin, Glycerin, Olive Oil, Caramel Color, Natural Lemon Flavor,



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WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors. No Artificial Flavors.

KEEP OUT OF REACH OF CHILDREN.

For more information

Store in a cool, dry place, 1-888-462-2548

SHOP NOW @ GNC.COM

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### **GNC QUALITY COMMITMENT**

GNC. the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations, Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back quarantee.

### **GNC GUARANTEE**

Use any GNC supplement for as little as 10 days, If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Dietary Supplement

WHOLE FOOD ENHANCED VITAPAK® PROGRAM FOR WOMEN OVER 50

· Green foods multivitamin formula with 2,000 IU of vitamin D-3

• Supports memory function and brain health with ginkgo biloba\*

 Strengthens bones with 660 mg of calcium and clinically proven MBP®\*

· Lowers LDL (bad) cholesterol with 800 mg of phytosterols\*







GNC Ultra Mega® Green Women's 50 Plus Vitapak® Program is a convenient green foods enhanced nutritional program that combines essential vitamins and minerals with plant and whole food based ingredients to support the optimal health of older women. Emerging research suggests that including green foods as part of a healthy nutritional plan can have a variety of health-enhancing effects and can help support overall wellness. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition essential to address the factors of aging.

- Ultra Mega® Green Women's 50 Plus Multivitamin Our natural, nutrient-rich multivitamin blend with green food antioxidants, scientifically designed to support overall healthy aging and immune health. It contains 1,600 IU of vitamin D-3 for breast and bone health, as well as natural blends to promote eye, heart and digestive health. It also features a natural beauty blend with collagen to support healthy hair, nails and skin.\*
- Standardized Ginkgo Biloba A natural herb that helps support increased peripheral blood flow and mental sharpness. Each daily serving provides 120 mg of ginkgo biloba.
- Calcium & Vitamin D-3 with MBP® A premium bone formula featuring 600 mg of calcium. 400 IU of vitamin D-3 and 40 mg of clinically studied MBP® Calcium is an important structural component of bone that helps maintain a healthy bone matrix. Vitamin D enhances calcium absorption. Emerging research indicates that adequate daily vitamin D intake may play a role in supporting breast, bone and immune health. Additional research indicates that MBP® supports the body's natural ability to build and maintain bone mass by supporting the body's bone
- CardioAid™ Phytosterols Natural plant compounds found in fruits and vegetables that help block cholesterol absorption. Plant phytosterols are clinically shown to reduce cholesterol levels and may reduce the risk of heart disease. \*Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total of at least 800 mg, as part of a healthy diet low in saturated fat and cholesterol may reduce the risk of heart disease. Each daily serving supplies 800 mg of CardioAid™ phytosterols.
- Omega Complex A healthy blend of omega 3, 6 and 9 fatty acids per daily serving. This blend includes EPA and DHA, essential omega-3 fatty acids known to support brain and joint health." Daily supplementation of omega-3 fatty acids also provide numerous heart-health benefits.\* They help to maintain healthy cholesterol levels, are necessary in the maintenance of normal blood pressure and may reduce the risk of coronary heart disease.\* Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that although there is scientific evidence supporting the claim, the evidence is not conclusive.

\* These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.